

The Creator
and
The Creation

A collection of
authentic Kabbalah inspirations

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Acknowledgements

I want to especially thank Rav Michael Laitman, PhD, and Bnei Baruch for permissions to use the material so important to the successful achievement of this project. The sources I researched to accomplish the task at hand seemed never-ending, but the resulting inspirations chosen for the book will serve the reader well.

There are several people I am grateful to for their efforts in bringing this work to completion: Executive Editor, the ever patient Chaim Ratz (Israel) and Proof Reading, Sarah Talal (Israel), who worked tirelessly to translate this work for content editing. Also, Leah Goldberg (Israel) and Olia Utkina (Russia) for their layout assistance.

And regarding Rav Laitman, my teacher: I am sometimes overwhelmed by his intense efforts to bring the teachings of the science of Kabbalah to the rest of the world. He does so freely, without conditions. He has a higher sense of the critical state of this world community and it is with great urgency and purpose that Rav Laitman brings his message. He is arguably the most spiritually advanced person on this earth today and Rav Laitman is a man who must be heard.

About Rob Taylor

Rob is an eight year veteran of the U.S. Marine Corps and a former undercover police officer. He is also an avid nature photographer. Over the course of his life, Rob has traveled extensively and has been fortunate to have interacted with people in a number of different cultures. As a youth, having already dismissed conventional religion as a valid spiritual method, Rob turned to the Eastern disciplines for a lengthy period of his life. Eventually, it became quite clear that these disciplines functioned only with regard to higher and lower physical states as opposed to actual spiritual attainment. Simply put, the religions and other influences are not capable of delivering what they imply they can deliver.

Rob was first introduced to the science of Kabbalah in 1985. During that time there did not exist any reliable, translated Kabbalah texts and most of the available written material amounted to nothing more than commentaries by those without a clear grasp of the true Kabbalah method. At the precise moment that Rob learned of Kabbalah an incontrovertible truth was implanted within his being. Without the benefit of study material, or a teacher, Rob spent years contemplating this revelation and the absolute certainty of the existence of a force higher than the human level, yet existing within each soul.

In 2000, having returned from working abroad, Rob continued with his search to find a genuine Kabbalah teaching source. The amount of available written material had blossomed considerably by this time, but it was the teachings of Rav Michael Laitman that clearly represented the true science of Kabbalistic methodology. Rob became a student of Rav Laitman in 2004 and less than a year later Rob was the first native-born North American to attend the Bnei Baruch Kabbalah Education and Research Institute in Israel.

Foreword

It is not the objective of this book to teach the method of Kabbalah to the reader. Kabbalah is a science that reveals to us the structure of the Upper Worlds. As with any science, Kabbalah is discovered and absorbed through a very disciplined and focused study regimen. The true science of Kabbalah, this method of spiritual attainment, can only be taught through authentic sources---individuals, Kabbalists---who have actually attained the spiritual worlds about which they teach. The science of Kabbalah has no concern for the physical/material world. There is no place in this science for red strings, mystical fantasies, magic water or any other such nonsense that has absolutely no connection to our spiritual involvement.

The purpose of this book is to bring to the reader a collection of authentic Kabbalah inspirations. The inspirations contained herein will speak to you---to that internal part of your being which is completely aware of the fact that each of us is an integral part of a greater collective. The sources for these inspirations are but a handful of Kabbalists whose teaching lineage has evolved from Abraham, continuing through the revelation of the Book of Zohar, and the eventual development of the Lurianic method of Kabbalah. These sources are Rav Shimon Bar-Yochai (Rashbi), Rav Isaac Luria (The Ari), Rav Yehuda Ashlag (Ba'al HaSulam), Rav Baruch Ashlag (Rabash), and my own teacher, Rav Michael Laitman, PhD. What do we hope to gain by studying the works of these accomplished Kabbalists?

It is only the egoistic desire for self-gratification that prevents us from experiencing the sensation of our connection with the Unified Soul. When we develop the capacity to understand this, we relate differently to the world around us. Try looking at the world outside you as if you were the eyes of the Creator and you may begin to grasp this concept, albeit ever so slightly. To view the world through the eyes of the Creator means to live in a state of absolute bestowal and eternal love. To exist in such a condition is to exist without any thought or desire to harm another soul. This is clearly the opposite of the egoistic driven society in which we currently live.

Why should we have such an awareness? Do we really need to care about this Unified Soul? What is the point? What is in it for us, as individuals? An objective Kabbalistic analysis of the current condition of humanity would provide very precise answers to these questions. Humanity and the entire existence that surrounds humanity is in a state of crisis. From humankind's "birth" and until this very moment, our condition has worsened to the point that we now approach "critical mass".

There is, of course, the misplaced argument that humanity has advanced dramatically in the areas of technology, medicine, the physical sciences, etc. Such an approach merely avoids the prime issues, to wit: In what manner have any of these advances actually improved how human beings relate to each other? With these advances, why do we still experience war, famine, terrorism, natural disasters, increased drug abuse, and the seemingly inexplicable levels of brutality that humans manage to suffer upon each other? Why do these events occur? Is there a purpose behind any of it?

We have a multitude of organizations and nearly unlimited funding to "fix" everything. Every religious and so-called spiritual discipline, every government and political party, and all the philosophies have "the answer". We have every form of government and non-government save the world, save the environment, and save humanity organizations imaginable. All of these groups were created and exist as a method to fix something....anything will do. Just give the world a fix. None of these attempts has provided a solution to the deteriorating human condition. What is it we don't get?

We have yet to realize that the answer exists in the most basic premise of Kabbalistic teachings. We cannot fix anything until we have corrected internally. That means all of us, individually. It is only after this achievement of self-correction that we can look forward and consider the work of correcting that which we perceive as being external to us. Through this internal correction of the soul we finally evolve from the "receiver" to the "bestower". To learn what that means is entirely up to you. There is no coercing allowed here. You need a true and passionate desire for this work. The only question is this: Do you

really want to do your part? And yes, every soul in existence has a role in this process. The science of Kabbalah will teach you the methodology to achieve true spiritual growth. It is important to understand that we cannot achieve any level of spiritual growth by avoiding the world around us. Self-deprivation, the inhibition of desires, or life-long repetitions of baseless prayers will not bring us to adhesion with the Creator. These methods have an effect very similar to what would be achieved by hiding one's head in the sand.

The only moment that exists is the moment we're in. This is the moment we must work to master. In each moment, we must strive to hold the intention to reach an equivalence of properties with the Creator. Our thoughts must continuously reflect a desire to bestow. We function through a life-long process of situations and/or conditions placed before us as opportunities for spiritual growth. We must adjust our attitude towards these circumstances to better understand the purpose behind them. The science of Kabbalah will guide each of us through this process so that we begin to realize our true path.

So, how do we use this text? You can start at the beginning, or just open the book and see where it takes you. Early morning reading is most effective. Additional readings throughout the day provide more opportunity to connect with the Collective Soul in a similar thought and desire. The more souls sharing these inspirations, the more energy we develop in changing our attitude towards each other and the nature that surrounds us.

The journey for spiritual growth does not just happen. There is a requirement for an overwhelming desire to improve the human condition while at the same time realizing this is a function of the spiritual realm. We must reach a point where we seek some validation in our relationship with that which we call "Creator". A monumental effort is necessary to attain the Upper Worlds, but this is a path that is open to all of us. I have put forth a number of questions in the foregoing for which the science of Kabbalah can provide answers. Enjoy the journey.

Rob Taylor
January, 2008



“Why do we have to see ourselves as not being equal to each other?”

Rav Michael Laitman, PhD
During a lecture in Toronto
May 12, 2007



The Tree of Life
by The Ari

Behold, that before the emanations were emanated and the creatures were
created,

The upper simple light had filled the whole existence.

And there was no vacancy, such as an empty atmosphere, a hollow, or a
pit,

But all was filled with simple, boundless light.

And there was no such part as head, or tail,

But everything was simple, smooth light, balanced evenly and equally,

And it was called the Endless Light.

And when upon His simple will, came the desire to create the world and
emanate the emanations,

To bring to light the perfection of His deeds, His names, His appellations,
Which was the cause of the creation of the worlds,

He then restricted Himself, in the middle,

Precisely in the center,

He restricted the light.

And the light drew far off to the sides around that middle point.

And there remained an empty space, a vacuum

Circling the middle point.

And the restriction had been uniform
Around the empty point,
So that the space
Was evenly circled around it.

There, after the restriction,
Having formed a vacuum and a space
Precisely in the middle of the endless light,
A place was formed,
Where the emanated and the created might reside.

Then from Endless Light a single line hung down,
Lowered down into that space.
And through that line, He emanated, formed,
Created all the worlds.

Before these four worlds came to be
There was one infinite, one name, in wondrous, hidden unity,
That even for the closest of the angles
There is no attainment in the endless,
As there is no mind that can perceive it,
For He has no place, no boundary, no name.

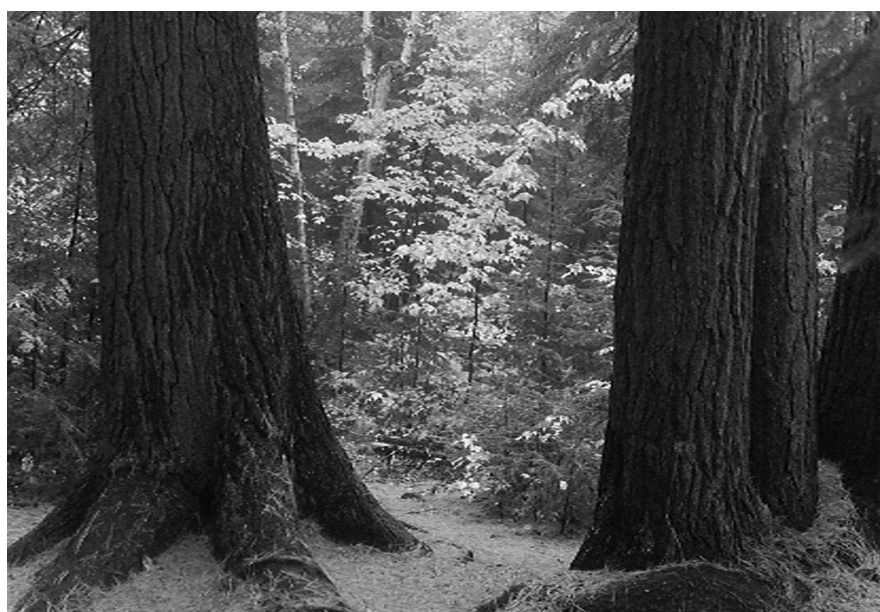
The
Creator
and
The
Creation

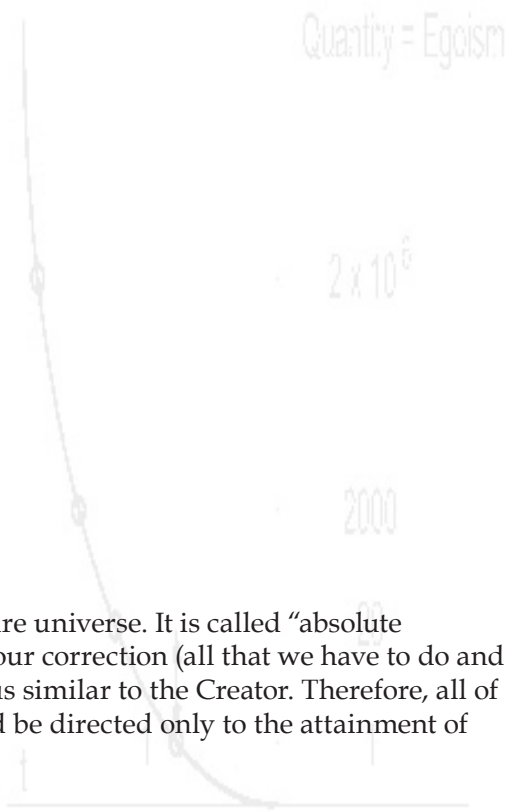
“A human being is a part of a whole, called by us universe, a part limited in time and space. He experiences himself, his thoughts and feelings as something separated from the rest ... a kind of optical delusion of his consciousness. This delusion is a kind of prison for us, restricting us to our personal desires and to affection for a few persons nearest to us. Our task must be to free ourselves from this prison by widening our circle of compassion to embrace all living creatures and the whole of nature in its beauty.”

Albert Einstein

The wisdom of Kabbalah describes for us the entire process of creation from beginning to end. It explains how the Creator created the created being from a stage where it is still completely dependent and attached to the Creator, not yet an actual created being, up to the state where the created being reaches its end of correction, its goal. This entire path is explained by Kabbalah, including all that happens to us on that path.

Selected teachings of
Rav Michael Laitman, PhD





There is only one law in the entire universe. It is called “absolute bestowal.” The sole purpose of our correction (all that we have to do and the entire universe) is to make us similar to the Creator. Therefore, all of our actions and thoughts should be directed only to the attainment of that purpose.

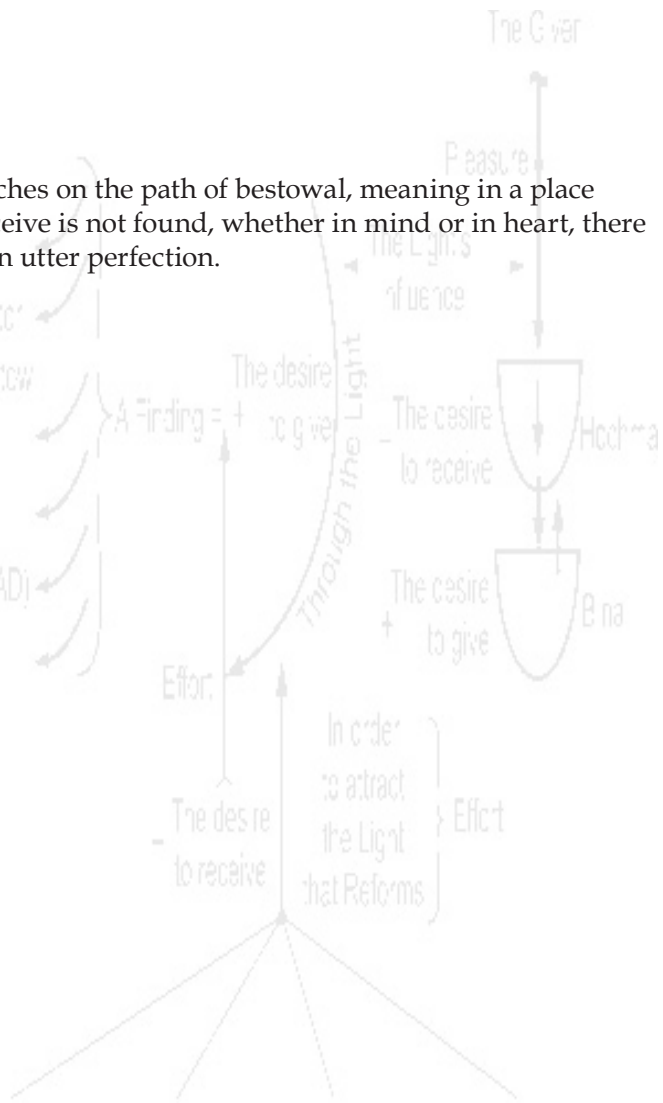
Selected teachings of
Rav Michael Laitman, PhD



Only when one marches on the path of bestowal, meaning in a place where the will to receive is not found, whether in mind or in heart, there the Light can come in utter perfection.

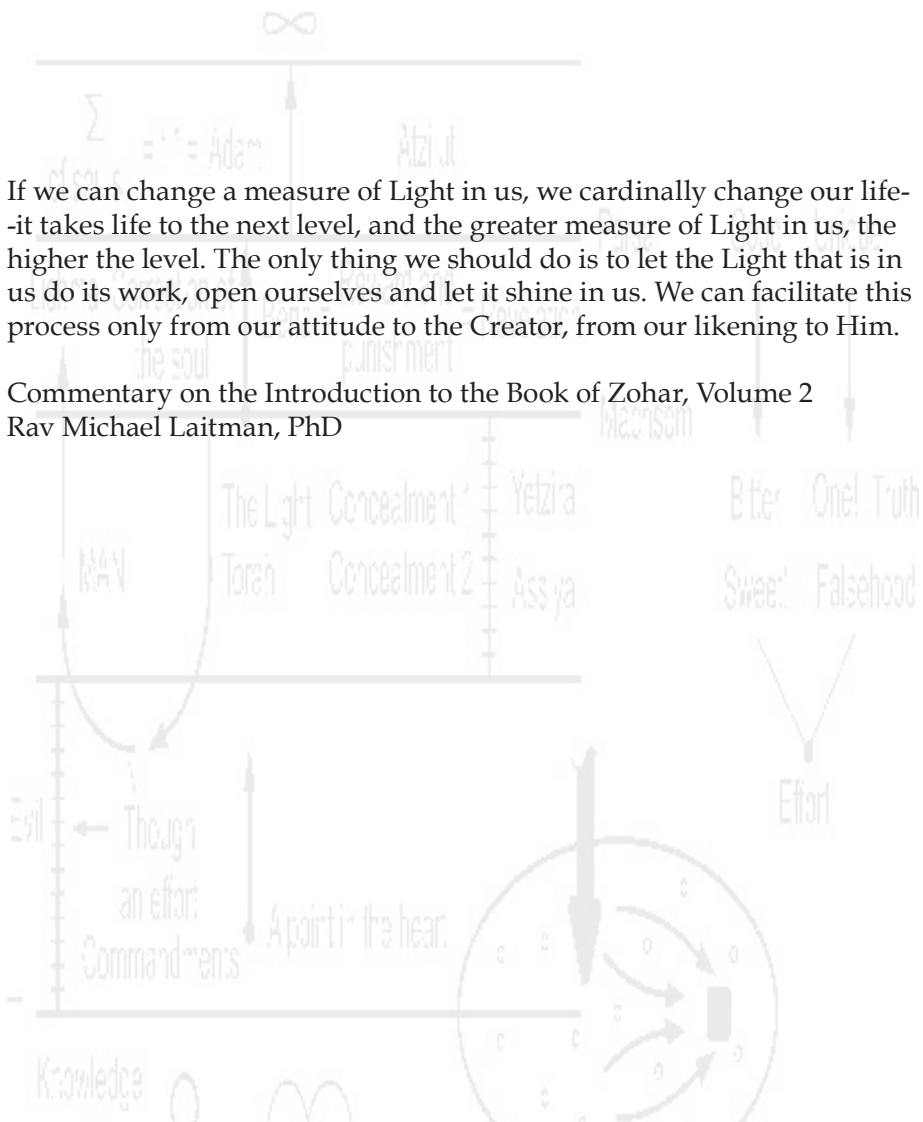
Book of Shamati
Ba'al HaSulam

- 5. Escapes to the Creator
- 4. Resolves in order to bestow = A giver
- 3. Becomes corrected
- 2. The Reforming Light (MAD)
- 1. Effort (MAN)



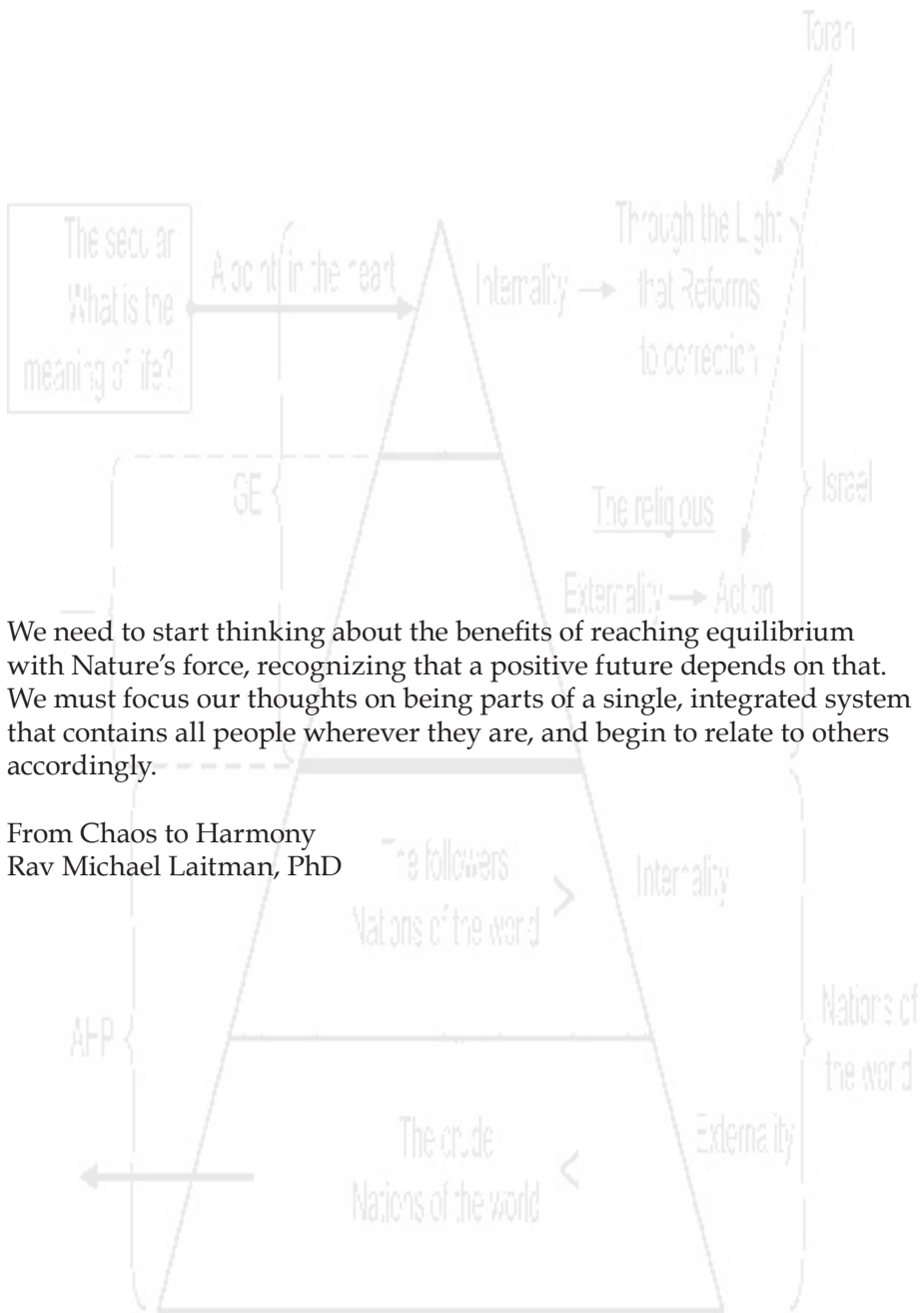
The "world" is the sum total of all the conditions that define the measure of man's equivalence with the Creator. This is called the measure of his adhesion with the Creator.

Interview With The Future
Rav Michael Laitman, PhD



Everything that was, is and will be – the entire Universe, was built according to the principle of “cause and effect”. There is no beginning and no end. There is only cause and effect.

Preface to the Wisdom of Kabbalah
Ba'al HaSulam



We need to start thinking about the benefits of reaching equilibrium with Nature's force, recognizing that a positive future depends on that. We must focus our thoughts on being parts of a single, integrated system that contains all people wherever they are, and begin to relate to others accordingly.

From Chaos to Harmony
Rav Michael Laitman, PhD



Open these books and you will find all the good comportment that will appear at the end of days, and you will find within them the good lesson by which to arrange mundane matters today as well. We can examine history and by that correct the future.

I have seen all of that, and I can no longer restrain myself. I have resolved to disclose the conducts of correction of our definite future that I have found by observation and by reading in these books. I have decided to go out to the people of the world with this horn, and I believe and estimate that it shall suffice to gather all those deserving to begin to study and delve in the books. Thus they will sentence themselves and the entire world to a scale of merit.

Building the Future Society
Ba'al HaSulam

Recommended Books by Rav Michael Laitman, PhD

The Complete Idiot's Guide to Kabbalah

From Chaos to Harmony

Kabbalah, Science, and The Meaning of Life

Attaining the Worlds Beyond

The Kabbalah Experience

The Path of Kabbalah

Basic Concepts in Kabbalah

Kabbalah Revealed

The Science of Kabbalah (Pticha), Vol. 1

Introduction to the Book of Zohar, Vol. 2

A Guide to the Hidden Wisdom of Kabbalah

Also Recommended

Wondrous Wisdom, Michael R. Kellogg

Internet Resources for Authentic Kabbalah Material

www.kabbalah.info

www.kabbalahlearningcenter.info

www.kabtoday.com

All online classes and materials are provided free of charge.