

The Daily Bites

March 2, 2011

The most outstanding Q & A, excerpts, examples, illustrations, definitions, and advice from the Daily Kabbalah Lesson of Dr. Michael Laitman and Bnei Baruch

Daily Kabbalah Tip

Advice in the daily Kabbalah lesson is recommended, practical tasks for advancing spiritually

Act, Clarification, Deficiency

Each person must clarify for himself what motivates him and what should motivate him.

I must discover the present reason for doing something, and opposite to that place, the real reason. I need to check why am I jumping and why I really need to jump, what motivates me and what should motivate me. When I check, I discover that what I am lacking in order to act from the correct place is the environment. To be in the correct state, I need to be awakened by the environment, to receive importance of the goal from it.

I need to clarify this state from within clarification. When I see the difference between the reason of action and the desirable reason, I can ask. The clarification creates deficiency and empties a place for a request. We need to produce the deficiency for the goal and if we don't discover the deficiency from our side, we need to ask for it from Above, to truly request it like a child who nags until he gets what he wants. This is what the Creator wants us to do.

- from the 1st part of the Daily [Kabbalah Lesson 03/02/11](#), Writings of Rabash (minutes 24-27)

Daily Kabbalah Definition

Definitions in the daily Kabbalah lesson guide a precise, spiritual approach to terms, & disqualify materialized corporeal definitions

A Third of the Midpoint of *Tifferet* (Splendor)

What is the place of choice in the spiritual *Partzuf* (face)?

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The ladder of the spiritual levels is arranged so that all of the Upper are found in their lower (counterpart). Thus the spiritual *Partzuf*, in its Upper part, is under the influence of its Upper, and in the lower part, it serves what is lower than it. There is only a small area called "a third of the midpoint of *Tifferet*" where there is freedom to decide what it wants to belong to, the lower or the Upper.

This means that "a third of the midpoint of *Tifferet*" is, as it were, not a place determined in advance, but it exists as a place that the Holiness and the *Klipa* (shell) fight about. And in this place a person feels his individuality, feels that he is in some kind of battle and has doubts about what to belong to. This is the place of free choice, of the balance of forces influencing the person. In this place a person discovers himself in complete existence and there, actually, all the clarifications of the spiritual *Partzuf* take place.

- from the 2nd part of the [Daily Kabbalah Lesson 03/02/11](#), *The Zohar* (minutes 20-24)