

The Daily Bites

October 4, 2010

The most outstanding Q & A, excerpts, examples, illustrations, definitions, and advice from the Daily Kabbalah Lesson of Dr. Michael Laitman and Bnei Baruch

Daily Kabbalah Tip

Advice in the daily Kabbalah lesson is recommended, practical tasks for advancing spiritually

Awakening

How can I wake up if I am not woken up from Above?

Our problem is how to awaken when we find ourselves detached. For this, we must have the intention so that I will receive the awakening from Above and not to be waiting to be awoken from Above.

I invest in the group and in return from this I receive support for my states of weakness when I am not even able to make a request. The investment in the group is like a battery that we fill for ourselves so that when our self-power supply is missing, the battery will give us the desired strength to start ourselves up again and to connect with the source of energy.

- from the 1st part of the [Daily Kabbalah Lesson 10/04/10](#) (minutes 39-43)

Daily Kabbalah Definition

Definitions in the daily Kabbalah lesson guide a precise, spiritual approach to terms, & disqualify materialized corporeal definitions

Infinity (*Ein Sof*)

What is the meaning of the concept "Infinity" from the side of the *Kli* (vessel)?

In *Ein Sof*, the *Kli* isn't willing to give up any of the adhesion, connection, and being similar to the Creator. This means that there are no limits, no detail that can exist that isn't taken into account. Thus, this state is called " *Ein Sof*," and this is what we must reach.

- from the 1st part of the [Daily Kabbalah Lesson 10/04/10](#) (minutes 26-27)