

The Daily Bites

September 08, 2010

The most outstanding Q & A, excerpts, examples, illustrations, definitions, and advice from the Daily Kabbalah Lesson of Dr. Michael Laitman and Bnei Baruch

Daily Kabbalah Tip

Advice in the daily Kabbalah lesson is recommended, practical tasks for advancing spiritually

Success

What is the difference between success in the corporeal world and in the spiritual world?

Usually corporeal success interferes with spiritual success, but everything depends on the correct use of success by the person.

What is corporeal success? You can measure corporeal success in terms of money, honor, control, leisure time, also in successful children, a healthy family, etc. In other words in everything that belongs to this world.

If a person is satisfied and can think and concentration with all his might on success in spirituality, and can overcome the attraction of corporeal success, then actually, this is corporeal success; that is., to balance correctly between spiritual investment and corporeal investment.

If someone who received an awakening from Above, who has a point in the heart, but nevertheless the importance he gives to the society he is in is too great and he plays according to its rules and invests all his strength in order to succeed in the external society, then it is clear that this postpones his spiritual development.

- from the 4th part of the [Daily Kabbalah Lesson 9/08/10](#) (minutes 28-32)

Daily Kabbalah Definition

Definitions in the daily Kabbalah lesson guide a precise, spiritual approach to terms, & disqualify materialized corporeal definitions

The New Year (Rosh HaShana – the head of the year): May you be signed and sealed in the book of life (greetings used for Yom Kippur)!

What is the meaning of “the shells of *Noga*,” and what are “the head of the year,” and “May you be signed and sealed in the book of life” in spirituality.

“The shells of *Noga*,” is a state of choice that a person on the spiritual path comes to. In this state he feels divided from within, that is half good and half bad. In one state, he is not able to get rid of his ego, and in the other state, he understands that if he doesn’t give it up and receive strength from Above, then he will not be able to enter spirituality. The Upper Light can finally help him if he does want to deliver himself, with total devotion, to enter spirituality above reason. This is actually the state of “the head of the year,” that is, the state of beginning the change, clarification, and the change.

And so the Upper Light that arrives decides and raises the person in the direction of faith above reason. Thus he begins the new year and this is called “May you be signed and sealed in the book of life,” that the Light, the Creator, signs and promises a person that he will walk on the good path. Before this, “do all that you can and have power to do” in order to reach the point of this decision.

- from the 1st part of the [Daily Kabbalah Lesson 9/08/10](#) (minutes 8-17)