

# The Daily Bites

May 9, 2010

*The most outstanding Q & A, excerpts, examples, illustrations, definitions, and advice from the Daily Kabbalah Lesson of Dr. Michael Laitman and Bnei Baruch*

## Daily Kabbalah Tip

*Advice in the daily Kabbalah lesson is recommended, practical tasks for advancing spiritually*

### The Great Force in the World

There is no force in this world that is equal to the force of *The Book of Zohar*, and each one should learn from it daily.

The Holy Ari, the great Kabbalist who gave us the wisdom of Kabbalah, said that one day of studying the *Zohar* is equal to one year of studying another source. All of humanity must enter the light of connection that is found in *The Book of Zohar*, and with the merit of *The Book*, everyone connects between them, even the most evil ones in the world. *The Book of Zohar* was written by a group who were at the level of *Gmar Tikun* (end of correction) while living in our corporeal world. Thus the force of *The Book of Zohar* surpasses everything. Everyone—those who understand and those who don't, those who want and those who don't want—needs to listen a little to *The Book of Zohar* each day, whether it is during the hours that we study or different hours during the day.

*-from the 2010 World Zohar Convention, lesson 7 (minutes 40-43)*