

# The Daily Bites

May 10, 2011

*The most outstanding Q & A, excerpts, examples, illustrations, definitions, and advice from the Daily Kabbalah Lesson of Dr. Michael Laitman and Bnei Baruch*

## Daily Kabbalah Tip

*Advice in the daily Kabbalah lesson is recommended, practical tasks for advancing spiritually*

### The Connection Network

#### What is the place of connection?

In the group, there exists one desire for one goal which was clarified by the friends of the group. Among the friends there is a connection network, whose depth needs to be penetrated, beyond the arguments and hatred and the perceived appearances. At the depth of the connection, there inside, love will be discovered, in internality, and I must try to be connected all the time to the intensity of this connection. Then I will discover that actually only I am lacking in this connection. This is what brings me to the prayer for correction so that I can cause the completeness of the *Kli*, since the completeness depends only on me, because only I am uncorrected. This prayer, for self correction for the good of the public, is called the prayer for many.

*- from the 1<sup>st</sup> part of the [Daily Kabbalah Lesson 05/10/11](#), Writings of Rabash (minutes 31-38)*

## Daily Kabbalah Definition

*Definitions in the daily Kabbalah lesson guide a precise, spiritual approach to terms, & disqualify materialized corporeal definitions*

### Sensation of Life

We measure the sensation of life, the sensation of our existence, consciously or unconsciously, always towards the Light. We are the created beings, and if the created being doesn't feel the Force that created him, that maintains him, then he doesn't feel himself. He can feel himself only according to that

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same Force that gave him life. There is no created being without the Creator. The "created being" is called outside. Who is the created being? It is "something from nothing."

All of the created being, his existence, his life, everything, remains on the level of "something from nothing," that he measures himself as "nothing" towards "something," which is the Light. If there is no feeling of the created being in either of them, then he doesn't feel himself. The question being asked is: What is the "something" called; where does this "something" come from which is actually from nothing? From where did this attribute come into being, this category of "something"? The "something" came into being since the created being began to feel himself as opposed to It. In comparison to the Light which is "something" then as opposed to it, he feels himself that he is also now "something" but from "nothing," as opposed to the zero he had before, the "nothing."

The Creator can be alone without the created being. It has reality. The created being doesn't have reality if he doesn't feel the Creator. The feeling of the Creator is called, "life," "existence." If I don't feel Him at all, then everything disappears and I return to "nothing."

*- from the 3<sup>rd</sup> part of the [Daily Kabbalah Lesson 05/10/11](#), Talmud Eser Sefirot (minute 18)*