

The Daily Bites

January 16, 2011

The most outstanding Q & A, excerpts, examples, illustrations, definitions, and advice from the Daily Kabbalah Lesson of Dr. Michael Laitman and Bnei Baruch

Daily Kabbalah Tip

Advice in the daily Kabbalah lesson is recommended, practical tasks for advancing spiritually

Victory for the Many

A person places before him the goal and the friends. The friends are always right and I am found with them. It is preferable to be incorrect with everyone than to be alone and correct. The victory is always for the many, for the connection. The connection, the unity, and only that, leads us to the correct results. Spirituality is only attained thanks to the unity, and small ones who gather and connect attain results much greater than the wise ones who act alone, even more than Kabbalists who act alone.

A person places before himself the goal and the friends. The friends are always right and I am found within them. It is preferable to be mistaken with everyone than to be alone and right.

- from the [Moscow Kabbalah Lesson 01/16/11](#), Writings of Rabash (minutes 137-143)

Daily Kabbalah Definition

Definitions in the daily Kabbalah lesson guide a precise, spiritual approach to terms, & disqualify materialized corporeal definitions

Prayer

What is "prayer" in the wisdom of Kabbalah and how is it different from a prayer in religion and other systems?

"Prayer" in the wisdom of Kabbalah is not a request for a change of destiny, in receiving health, etc. Rather, it is a request for a change of oneself, in correcting the ego. This means that the wisdom of Kabbalah is a system which is built on the principle that a man has to change himself, at the same time

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that all the rest of the systems are built on the principle that man doesn't need to change but that the Creator has to change in that He will be more favorable towards man.

The wisdom of Kabbalah explains to us that the Creator can't change because He is the Origin, the Beginning, absolutely Good and Eternal that is always in a complete state and this absolute state cannot change. Thus all the changes are only in a man and the man is the one who constantly feels himself in situations that change within the field that doesn't change called the "Creator." Thus all the prayers of the wisdom of Kabbalah are aimed only for changes in oneself.

A person who turns to the Creator who doesn't change, goes through a change and feels that he receives from Him various results since his desire to change increases the influence of this permanent field called the "Creator" which is found within him, and then he becomes more sensitive and that makes him change. This is the reason that in Hebrew the word, "to pray" comes from the root of the word, "incriminate myself," "to make a judgment of myself," to examine and value myself anew. This is a real prayer.

- from the [Moscow Kabbalah Lesson 01/16/11](#), Writings of Rabash (minutes 57-62)