

The Daily Bites

December 19, 2010

The most outstanding Q & A, excerpts, examples, illustrations, definitions, and advice from the Daily Kabbalah Lesson of Dr. Michael Laitman and Bnei Baruch

Daily Kabbalah Tip

Advice in the daily Kabbalah lesson is recommended, practical tasks for advancing spiritually

- from the 4th part of the Daily Kabbalah Lesson 12/19/10 (minutes 32-35)

Daily Kabbalah Definition

Definitions in the daily Kabbalah lesson guide a precise, spiritual approach to terms, & disqualify materialized corporeal definitions

Engraved on the Board of His Heart

On the meaning of "engraved on the board of his heart"

We are speaking about everyone's structure of the soul. "Heart" means the desire to receive and "board" means that through the *Masach* (screen) the person needs to make his desire into a "board," and on it he needs to receive these forms of the letters for himself. These are patterns which match between the *Kli* (vessel) and the Light, starting from the letter *Bet* (2nd letter in the Hebrew alphabet, the first letter written in the Torah) in the word "In the beginning" and until the letter *Lamed* (30th letter in the Hebrew alphabet, the last letter written in the Torah), in the world Israel, as well as all the rest of the forms in between. This is called, "engraved on the board of his heart."

- from the 1st part of the [Daily Kabbalah Lesson 12/19/10](#) (minutes 19-21)