

The Daily Bites

March 24, 2010

The most outstanding Q & A, excerpts, examples, illustrations, definitions, and advice from the Daily Kabbalah Lesson of Dr. Michael Laitman and Bnei Baruch

Daily Kabbalah Tip

Advice in the daily Kabbalah lesson is recommended, practical tasks for advancing spiritually

No Looking Back

Whoever tries to be included in the group will always be given the opportunity to advance.

"Not looking back," like Lot's wife, means not wanting to be in previous states. Man should not forget yesterday as if it never happened, but rather, man should learn from yesterday everything that will help him achieve a better state today. Meaning, "not looking back" is not wanting to be in yesterday's state, but wanting instead, tomorrow's state.

"Sodom" is when we want to return to the previous level, which was already proven to us as an unacceptable situation. We should not want to return to the previous level. If I already decided that the previous states were not qualified for correction to sanctity, for the purpose, then I have no choice but to move on.

Some people look back—back to a previous state, want to stay there, where they prefer to be small. It's against the proper development and we shouldn't think so. The means to overcome this is the group. When I try to be included in the group and be in it, I am always receiving my next state from it, no matter what state the group is at and in what condition I am in. Whoever works in the group will always have the possibility to move forward and not go back.

-from the 1st part of the daily Kabbalah lesson (minutes 29-32)

Daily Kabbalah Definition

Definitions in the daily Kabbalah lesson guide a precise, spiritual approach to terms, & disqualify materialized corporeal definitions

Idolatry, Making An Idol

What are "idolatry" and "making an idol"?

"Idolatry" is taking spiritual qualities and attributing them to physical objects. For example, thinking that a person has more giving power in his right hand and more reception power in his left hand, this is genuine idolatry and it is forbidden to think this way.

To say that there are spiritual qualities in man's flesh is called "making an idol"; you take a still object and inject upper spirit into it.

-from 2nd part of the daily Kabbalah lesson (minutes 23-25)