

The Daily Bites

January 25, 2011

The most outstanding Q & A, excerpts, examples, illustrations, definitions, and advice from the Daily Kabbalah Lesson of Dr. Michael Laitman and Bnei Baruch

Daily Kabbalah Tip

Advice in the daily Kabbalah lesson is recommended, practical tasks for advancing spiritually

Awakening to the Light

How can I add to my request to the Creator and strengthen it?

The Light reaches the desire that exists between the souls. Thus, if I want to strengthen the request, first of all I must awaken stimuli with all kinds of actions, to arrive with this alertness to the group, and get awakening from the group so that I will have the desire to bestow and connect with the others.

To the extent that I stimulate myself and thus enter the group, I will receive a response from them, an awakening, from which I should be impressed as much as possible. This is what will enable me to turn to the Surrounding Light. Why, actually? Because if I turn to the group, it's a sign that I prefer bestowal over reception, value the group more than I do myself.

The turning to the group builds me correctly from the standpoint of spirituality since I am impressed by them, ready to comprehend from them everything they tell me, as from a Holy source. In this way I am already above my ego and request correction, to return to good. In such a connection, the Light that Reforms is summoned.

- from the 3rd part of the [Daily Kabbalah Lesson 01/25/11](#), Talmud Eser Sefirot (minutes 17-21)

Daily Kabbalah Definition

Definitions in the daily Kabbalah lesson guide a precise, spiritual approach to terms, & disqualify materialized corporeal definitions

The Spiritual *Kli* (Vessel, Desire), Soul

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October 25, 2010

What is the "Kli" in spirituality, and in corporeality what is the "soul"?

Spirituality is found only in *Kelim* (vessels, desires) that are found between people. This means that only desires that are shared between people are called spiritual "Kli," and these desires cannot exist in any person by himself. They can only awaken in actions that are shared, called: *Arvut* (mutual guarantee), "Don't do to your friend what you hate yourself," and "Love the other as yourself."

This means that the "soul" is not a personal, individual, inner feeling of a person, but only the shared feeling between all of us. This means that what seems to us in corporeality that the *Kli* is each one of us, then in spirituality it's the opposite. The *Kli* is what is found between us, the shared part between us. Thus we say that corporeality is the *Kli* of reception, to exist in inner absorption, and spirituality is the *Kli* of bestowal, to exist in external bestowal, outwards.

- from the 1st part of the [Daily Kabbalah Lesson 01/25/11](#), Writings of Rabash (minutes 23-28)