

The Daily Bites

July 15, 2011

The most outstanding Q & A, excerpts, examples, illustrations, definitions, and advice from the Daily Kabbalah Lesson of Dr. Michael Laitman and Bnei Baruch

Daily Kabbalah Tip

Advice in the daily Kabbalah lesson is recommended, practical tasks for advancing spiritually

Games of Bestowal

The game of mutual bestowal is a way to advance to the goal.

In all of development there is the current state and the desired one. There is the goal and there is the yearning to reach it. And the advancement is in the form of a game. I stabilize a goal and a future image that I want, research my current state and look for ways to bridge the gap. With us the future form is the Creator and the way to bridge the gap is connection with others and there the game is mutual bestowal.

- from the 1st part of the [Daily Kabbalah Lesson 07/25/11](#), Shamati (minutes 18-28)

Daily Kabbalah Definition

Definitions in the daily Kabbalah lesson guide a precise, spiritual approach to terms, & disqualify materialized corporeal definitions

Remedy

What is remedy in spirituality?

Remedy is an action through which we correct the intention from "for the sake of reception" to the intention "for the sake of bestowal." The state changes and a person receives a second nature, the next dimension. He doesn't know how this happens, thus it is called a miracle, exit from Egypt, remedy from the Torah, the Light that comes to reform, the operating Force. And I change into being something else. This is a remedy since I don't know exactly how it happens but I operate it according to defined

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conditions that are placed for me. Do this and that and receive this or that, and the exact connection is not understood by me. I can learn about this connection, hear about it, but the connection itself doesn't belong to me. I know that I perform these actions from which I receive a response but the chain that operates these actions on me isn't understood by me. This is since the Light arrives and I am still in the desire to receive so I don't see it. The connection with bestowal is not clear to me and neither is the way it works on me and the way it changes something in me. Thus, this is called remedy.

Each thing we learn about exists on five levels, i.e., the root, level 1,2,3, and 4. Thus, there are higher remedies but I use this. A doctor who tells you what to do, also brings a remedy to you, as does anyone who benefits your situation and you don't know how it works but you trust his experience since he is wise. In all of this there is remedy. I don't see a connection between the action and the result. This is what is called sometimes in our world, luck or lack of luck.

- from the 5th part of the [Daily Kabbalah Lesson 07/25/11](#), "The Arvut" (minute 8)