

# The Daily Bites

April 26, 2011

*The most outstanding Q & A, excerpts, examples, illustrations, definitions, and advice from the Daily Kabbalah Lesson of Dr. Michael Laitman and Bnei Baruch*

## Daily Kabbalah Tip

*Advice in the daily Kabbalah lesson is recommended, practical tasks for advancing spiritually*

### Forget Everything

**Reveal a small amount and conceal twice that amount.**

Question: In reference to revealing a small amount and concealing twice that amount, a regular student advances according to previous knowledge that he leans upon. How can we, those with a point in the heart, advance? On what can we lean upon? On knowledge?

We can only lean on the surroundings. As far as knowledge is concerned, nothing interests me. I want to begin as a small child, without knowledge. As far as I am concerned, it can all disappear. It is best to begin "without possessions" and to lean only on the friends and the surroundings.

**To begin at the beginning: the advancement is in the willingness of the person and not in his understanding.** We don't have to remember anything of what we learned, not with the intellect and not with the mind, but to start each day anew. Advancement is in the willingness of a person and not in his understanding.

*- from the 4<sup>th</sup> part of the [Daily Kabbalah Lesson 04/26/11](#), "The Arvut" (minutes 44-47)*