

The Daily Bites

September 26, 2010

The most outstanding Q & A, excerpts, examples, illustrations, definitions, and advice from the Daily Kabbalah Lesson of Dr. Michael Laitman and Bnei Baruch

Daily Kabbalah Tip

Advice in the daily Kabbalah lesson is recommended, practical tasks for advancing spiritually

One Helps the Other

Only through our united desire can we turn to the Creator

I can't turn to the Creator on my own. I can locate the Creator in the place of the breakage, and the place of the breakage is in the one desire that was created. Only through that same yearning to be one with Him, will we be able to turn to him.

“One helps the other.” One can be rich, wise, talented, etc. If you don't have a friend that together with him you can discover the place of the breakage, to correct it and reveal the Creator, then you won't attain anything.

- from the 1st part of the [Daily Kabbalah Lesson 9/26/10](#) (minutes 25-27)

Daily Kabbalah Definition

Definitions in the daily Kabbalah lesson guide a precise, spiritual approach to terms, & disqualify materialized corporeal definitions

Time of Preparation

What is “the time of preparation” on the spiritual path?

“The time of preparation” is called the time that is required for a person to reach the state where he is ready to correct the broken connection between the souls. It takes a good number of years from the moment the person arrives at the wisdom of Kabbalah until he starts to listen to what he needs to achieve. Time is required, perseverance, and the influence of the light as a result of the efforts that he

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must make. It is written, “All that you can by your own efforts and hands, do.” And then he begins to “listen.” He begins to receive an inner response to all that he hears and reads.

This means that during the preparation we are actually building from our desire different kinds of connections, inner patterns that, as if, will respond toward the Light, toward all kinds of spiritual phenomena. This takes time until the person prepares inside several discernments that consequently bring him to “listen.”

- from the 2nd part of the [Daily Kabbalah Lesson 9/26/10](#) (minutes 34-38)