

The Daily Bites

June 30, 2010

The most outstanding Q & A, excerpts, examples, illustrations, definitions, and advice from the Daily Kabbalah Lesson of Dr. Michael Laitman and Bnei Baruch

Daily Kabbalah Reality Check

Examples in the daily Kabbalah lesson elucidate spiritual concepts through explanations of situations in this world

Communal Prayer

When we all connect together in one common deficiency, we will be able to receive the Light.

In union there are many levels. In the beginning we all check the goal, the connection, the need, until we arrive to a connection of desires by means of mutual bestowing. When we are all in the same desire, and connecting to one great desire, this is called a communal prayer, a union of aspiration.

It is not necessary that everyone be in this, but rather, it is enough that part of the group is. And, there is no need to calculate where each one is with respect to this. In general, we need to be concerned that in the group, the correct aspiration will burn. Each one must be concerned only whether he is awakening the others, demanding them to awaken.

Only a group shout, as one, will save the situation. A cry by each one alone is a voice in the desert and is not heard. Only when everyone is together, in one lacking, one effort, and one goal, only then is the vessel built that will be able to receive the Light. Then, the Light that returns to the Source can enlighten us.

-from the 1st part of the [Daily Kabbalah Lesson 6/30/10](#) (minutes 22-27)

Daily Kabbalah Definition

Definitions in the daily Kabbalah lesson guide a precise, spiritual approach to terms, & disqualify materialized corporeal definitions

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The Point In The Heart

What is the "point in the heart"?

In our world there is a desire, which is the substance of creation, which doesn't change. A "point in the heart" can awaken within this desire. This desire gives us the feeling of emptiness and despair. It is from this despair that man finally reaches a deficit. On this deficit shines a spark that was left from the breaking of the *Kelim* (vessels), from the connection between us. This spark is the "point in the heart."

Before the breaking of the *Kelim*, we were connected together in one system. And the desire of each one was realized through the mutual connection between us. After the breaking of the *Kelim*, this connection disappeared; the Light disappeared, and instead of the connection, a small spark remained that illuminates from a distance. So, all we need is for the Light to return and to renew that same connection, called "good." Thus, this Light is called "the Light that Reforms," the Light that returns us to the connection between us. That connection is the Creator, the Upper Light that we discover.

-from the 4th part of the [Daily Kabbalah Lesson 6/30/10](#) (minutes 34-42)