

The Daily Page

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*Taken from the Daily Kabbalah Lesson
of Dr. Michael Laitman and Bnei Baruch*

If the Soul Hurts, It Exists

The Creator conceived creating a being that would reach His level and status, would understand all that the Creator had done, and feel all that the Creator feels. In other words, this being will become exactly like the Creator!

But in order to become equivalent to the Creator and remain a created being without having to dissolve in Him, the creature has to reconcile two opposing forces within: reception and bestowal. Besides, how can one comprehend anything without comparing it with its opposite? If I am created in such way that I exist in complete harmony with the surrounding environment and total adhesion and oneness with all, then I am neither aware of or feel it.

A sensation comes in only as a result of some opposing force, when I am disturbed or lack something. It is this conflict that I feel. I don't remember that I have a head until it hurts. If my ear starts aching, I feel that I have an ear. It is the same regarding my feelings involving the world around me. For as long as everything is all right, we don't think about it for we don't feel that which is around us.

Therefore, if a created being has to attain reality (both spiritual and corporeal), he must be in conflict with it. In all his feelings, attributes, thoughts, desires, and goals the creature has to oppose the Creator. And that's how we are made, just as the Creator intended us to be.

He is the Upper Light, and we are the black point of desire, completely opposite to Him. Yet, it is impossible to evolve from the darkness alone which is opposite to the Light. It creates unbearable pain that doesn't allow advancement. Thus, the Creator creates a specific reality: *Malchut* of the World of Infinity and the whole system of concealment (the worlds). This is done in order for us to gradually move away from this Infinity where we all exist in adhesion and within the Light and then descend into our current state of existence.

This entire journey was done for us; we didn't have to suffer and feel it since well in advance (before we came into the picture) a system of governance was created: the worlds of *ABYA* (*Atzilut*, *Beria*, *Yetzira*, and *Assiya*). As to us, we appeared in the final stage of this system and experience ourselves as coming into this world and living in it. And we don't feel being opposite to something and needing to find what it is.

But gradually, through minor disturbances and thousands of years of our development, the Creator evokes in us the desire for Him. Having completed our corporeal evolution, we arrive at the starting point of the spiritual one: the advent of the question of the purpose of life. From this point on, we begin our ascension to the spiritual world.

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