

The Daily Page

August 4, 2010

*Taken from the Daily Kabbalah Lesson
of Dr. Michael Laitman and Bnei Baruch*

Prove That You Are A Hero!

After the Mega Kabbalah Congress, many complain about experiencing heaviness and “hardening of the heart.” This is the Pharaoh, our ego, awakening in us. If we now use the power that we have received during the Congress in order to correct the heaviness that descended upon us, we will benefit!

We need to relate to the entire reality as to a single whole. Both ascents and descents are the stages of the same path. Advancement is impossible without these two forces acting one upon the other. The state of excitement is not yet advancement. This not yet a step forward but only the force received from Above. Afterward, we need to realize it “below.”

If you receive this force and do not wish to realize it, you resemble a clogged pipe that is being pressured from within but is unwilling to pass this pressure further. Next time, you won't receive anything! You will be forced to leave this path, and someone else will be chosen for this mission from Above.

We should understand that we received a force, and by itself, it doesn't self-realize. It is our duty to continue working with it by ourselves. If you don't utilize whatever was given to you, you won't receive any additional strength and will become increasingly passive.

And on the contrary, anybody who now will quickly invest all the received forces into circulation of Kabbalah will feel himself receiving more and more from Above. We need to open the pipe and let the energy flow freely through it!

-from the 4th part of the [Daily Kabbalah Lesson 8/04/10](#)

The Secret Code Of *The Zohar*

Question: Can we say that the flow of the words in *The Zohar* changes the strength and the direction of the forces that bind us together?

Dr. Laitman's Answer: We do not know how it works. Something about it is still deeply hidden from us. *The Book* is written in a language that seemingly allows us to discern quite logical things in it, relate to

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them, and somehow picture ourselves in them or them in us. There is a certain interaction between me and *The Book*, a connection and understanding that *The Book* talks about me and I am inside of it.

But this is a completely false sensation. It is simply the form in which the story is presented to us, the story that is extremely distant, unfamiliar, and foreign to us. It is like some beast that acquired a human form, talked to us, and we could only grasp its outer form: its arms, legs, or head. But it is absolutely not the case.

Consequently, we need to relate to *The Zohar* as containing a certain secret code, a sequence of spiritual instructions. I do not know how they are written from the inside and cannot come into contact with them. In order to establish at least some sort of connection with these spiritual instructions, I read *The Zohar*. However, the connection emerges not by my hearing or reading the text; rather, it is built to the measure of my desire to unite with this inner code so that it can transform me.

The Book can be written in a variety of forms, and I may not understand a single word of it. What counts is my desire for the inner content of *The Book* to correct me. Its inner content is the spiritual world with its entire apparatus, actions, and forces, not the paper and print within the cover.

-from the 2nd part of the [Daily Kabbalah Lesson 8/04/10](#)