

# The Daily Page

September 06, 2010

*Taken from the Daily Kabbalah Lesson  
of Dr. Michael Laitman and Bnei Baruch*

## **A New Year: A New Step on the Spiritual Ladder**

**Spiritual ascent occurs when we transition from receiving for ones' self to bestowing to others.** It is regarded as acting by "faith above reason," meaning "preferring bestowal to reception" and receiving pleasure from bestowal. I have to feel inspiration and joy from rising above my egoism, when I don't look at what I can gain in it. But I need the force of the Light in order to make such a change within!

This is called "I am for the Beloved, and my Beloved is for me," when we begin a conversation with the Creator and understand each other. I comprehend why the Creator made my life empty and gave me an opportunity to drift into a group so I may discern what bestowal is. He illuminates me a bit, as if telling me: "Choose this!" in order to help me take the first step. But its realization of it is up to me.

*Malchut* of the Upper One (the property of bestowal) is presented to my egoism as *Keter*, (*Rosh*, the head), dark and hollow. But if I decide that my *Keter* (aspiration) is to adhere to it with my will to bestow, then *Malchut* of the Upper One doesn't look as hollow to me, and I cling to it as to the Upper spiritual degree.

This is the beginning of a new path. The beginning is regarded as a New Year (*Rosh Hashanah*, the head of the beginning) that arrives after the month of *Elul* (acronym for "I am for the Beloved, and my Beloved is for me").

*From the 2nd part of the [Daily Kabbalah Lesson 9/6/10](#), Shamati #42*

## **Raising the Whole World**

**The purpose of everything that we feel in our reality, be it positive or negative, is to form us along the spiritual ladder.** There is nothing that would be created for any other purpose or that existed by itself. Everything in this world – thousands of surrounding objects, actions, or forces – exists for a single purpose: my spiritual development. I incorporate, consciously or not, all that surrounds me into myself and hence ascend.

Indeed, if everything came from the World of Infinity down to the level of our world where it seemingly exists without being connected into a single whole, then how could objects and actions of our world not be bonded by a single purpose from which they descended down to us? How can there be anything in our world that has not come to it from the World of Infinity? And if it did descend from the World of

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Infinity, it means that it originated in unity that existed there and afterward, by descending down, took the form of the breaking, distancing, and isolation.

Hence, by climbing the spiritual ladder a person has to raise the entire reality, all of “This World,” along with himself. It is said that by ascending spiritually, a person elevates (corrects) the still, vegetative, and animate levels of nature along with himself.

*From the 1st part of the [Daily Kabbalah Lesson 9/6/10](#), “And Jacob Went Out”*