

The Daily Page

July 8, 2010

*Taken from the Daily Kabbalah Lesson
of Dr. Michael Laitman and Bnei Baruch*

Don't Get Washed Away Into The Stormy Sea

Sometimes a person feels that he is tired, that he needs rest, and that the path is not for him. Even though he knew ahead of time that these states would come, he suddenly forgets what to do. All the articles talk about this. They describe the inner struggle, the obstacles, and how the righteous ascend where the wicked fall. Thus, a person reaches a state where he is really given freedom of choice.

This requires a great deal of luck, where luck means that he was able to set up a relationship with the environment, group, teacher, and [Kabbalah books](#) that does not let him leave. He takes on various obligations and participates in all of the group's actions in order to make habit become second nature. This prevents him from leaving these actions, since otherwise those around him will start to look down on him.

If he realizes how weak his nature is and sets up these connections, then he is able to hold on and stay. This is similar to how sailors on a ship's deck tether themselves to the boat with ropes so the waves won't wash them into the open waters. They know that they won't have the strength to hold on in rough seas, and so they tie themselves with tether lines.

You can't do the tying when you are already being washed away. Everything must be prepared in advance. Sailors understand that they don't have the strength to overcome the tremendous force of stormy seas that throw them in every direction.

That is how a person should prepare, and the group must offer guaranteed support so he won't leave the path even in the stormiest of conditions. The person must also use all of his qualities, such as: pride, the common ego, and all sorts of calculations, to ensure that he won't run away from the path and that he will reach the goal.

-from the 1st part of the [Daily Kabbalah Lesson 7/08/10](#)

Don't Take The Creator For Granted!

Question: It says in *The Book of Zohar* (Item 370, Chapter "VaYetze") that "No man should ever slight another person in the world." What does it mean to slight someone, or to take someone for granted in my spiritual work?

Dr. Laitman's Answer: Taking someone for granted is lacking the sensitivity for a possible connection. It means that right now I am able to find the right connection between the right and left lines, the will to enjoy and the intention for the sake of bestowal, but I don't make the efforts to do this. This is slighting.

It means that you don't pay attention to the opportunities given to you at every moment. You take them for granted. You don't feel or understand them, and instead you think that everything depends on you. This is called taking something for granted.

We exist in the World of Infinity. All the levels, all the worlds, and all the highest, perfect states are inside us; *Reshimot* (Reminiscences) awaken inside us at every moment. Every second the Creator gives us the opportunity to advance, to ascend to a new level. This is called that He revives us.

Unfortunately, we only notice 1/1000th part of all these opportunities, at best. This is called taking things for granted; it is when we take His attitude toward us for granted.

His attitude is unchanging. He is always teaching us and causing us to advance, but we don't desire it. Meanwhile, time goes by.... It is written that the Creator replaces one angel with another if a person is unable to establish the right connection with what he is given from Above.

This is indeed a problem. We are unable to properly interpret the regular states that we constantly go through; it depends on one's sensitivity. I might be feeling my current state as a huge tragedy, as it is written: "The righteous see man's evil inclination as great and powerful, as a great mountain, while the wicked see it as a thin thread." Everything depends on your sensitivity, on how much you pay attention and don't take the details for granted.

This is our work: to be more attentive and to awaken ourselves with the help of the group, which helps each of us understand that at every moment we have the opportunity to advance.

This does not mean that they are lecturing me on morals. Rather, if they are all in the state of constant pressure overall, then I also receive these vibrations from them, and I am overcome by fear: How can I make sure I don't miss the opportunities to advance that I am given at every moment?

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-from the 2nd part of the [Daily Kabbalah Lesson 7/08/10](#)