

The Daily Page

January 11, 2010

Taken from the Daily Kabbalah Lesson
of Dr. Michael Laitman and Bnei Baruch

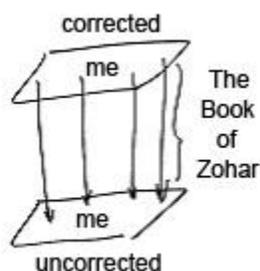
Tune Into The Light That's In The Zohar

Question from a Student: How can I tune into the Light that Reforms while studying *The Zohar*?

Dr. Laitman's Answer: The Light that Reforms is the force of bestowal that comes from Above and builds qualities of bestowal above our will to receive. But how can we attract this force if we are just egoistically thinking about wanting to bestow? This will not help. Instead, we have to tune into the system that influences us.

Our soul has to receive the influence of the Surrounding Light. This is why we were given *The Book of Zohar*, which tells us all kinds of stories about a donkey and a snake, different nations, three lines, *Zeir Anpin* and *Malchut*, the Temple, and many other things. I don't know what desire I am working on now and whether I have the right intention, but while I am reading *The Zohar* with the right mindset, it operates as a connecting system between my soul and the Upper System.

There exists an Upper System wherein my soul is already included in a fully corrected state; meanwhile, my uncorrected soul is below. These two systems have an identical structure. The only difference between them is the use of the desire, meaning the intention, which determines how the desire is used. As I correct my desire, my soul will expand, starting from a point, and new, concealed desires will surface. But I need a mechanism to connect me and these two states.



The Book of Zohar functions as this connecting link. When I read it correctly, I reveal this connection. All I have to do is try to imagine myself in the corrected form. I have to tune into the text and start living inside it. I have to desire for it to “clothe” over me so I will become the protagonist of everything being described there. It is talking only about me and my inner battle with my corrupted self, where I am

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fighting for a chance to be similar to the Creator. All the qualities and characters are me; it is all inside of me.

If this is how I prepare for reading *The Zohar*, then I will proactively attract the Surrounding Light to myself.

Only The Light Provides All The Answers

Question from a Student: What should we think about while reading *The Book of Zohar* in order to be more sensitive to it?

Dr. Laitman's Answer: I actually don't have the answers to any of your questions, because all the answers are provided by the Light that Reforms. My job is only to try and direct you toward this Light.

Some people ask me about sensation, wondering, "Where can I get more of it?" Others ask about the mind, "When should or shouldn't I use it?" Other people ask me questions like, "When will I start to see and feel everything we study? Why do I feel one way now and later I feel differently?" The answer is that I don't have the answers to these questions—and I shouldn't have them, either. An answer is a manifestation of the Light inside a person; it is one's corrected state which stands opposite the question, one's previous, uncorrected state.

A person should have just one concern, "Am I directed toward the ray of Light called the Light that Reforms, so it will shine on me?" One shouldn't think about fulfilling one's sensation and mind with answers to any other questions besides that one question about the Light that Reforms. Incidentally, this is why Baal HaSulam was laughing at the "Kabbalists of Jerusalem" who knew *The Book of Zohar* by heart, but rejected its inner essence.

The only thing one should store in one's memory is the basic concepts of the science of Kabbalah, because they direct a person toward bestowal, giving him the correct, spiritual interpretation of the words. They elucidate the goal and direct a person toward it. If a person is studying correctly, then he will receive answers to all his questions, both in the sensation and the mind. He will advance and understand what is happening, and eventually he will be satisfied by this. He will see how he is advancing day by day.

We are now studying *The Book of Zohar* intensively. If a person tries to prepare for the lesson and to seriously participate in it, then in a very short while he is bound to feel qualitative changes happening inside him. He will become more sensitive to his connection with others and will feel a change in his attitude to the environment, the studies, the quality of bestowal, and the Creator. But he has to become more sensitive in order to discern what is useful and what isn't.

All of this takes place as a result of the study. Besides this, there is nothing for us to work on. This is why I always talk just about the intention: What exactly do we want from the study and what it should give us?