

The Daily Page

March 13, 2011

*Taken from the Daily Kabbalah Lesson
of Dr. Michael Laitman and Bnei Baruch*

The Solution Is Between Us

Question from Japan: What should our inner work be in emergency situations? While I watch the lessons, the quakes are going on non-stop.

Dr. Laitman's Answer: During these days we have to focus on unity even more and be confident that precisely by virtue of our inner efforts will we be able to prevent similar catastrophes in the world, both in Japan and in all the regions where people are now suffering.

Why do they suffer? Why don't they advance toward correction by the right path? Why don't they awaken and come out into the streets shouting, "The Messiah now!"? Stated differently, why don't they demand correction, change, a new state?

Why do they instead shout for a change in government? How will this help them? No one will be any better off if this happens, not even if the Libyan dictator steps down. The resulting gap will be filled by Islamic radicalism or some other party, but this will be just blind psychological compensation. In practice people won't feel better. This is still the path of suffering.

In recent times the world is swiftly acquiring more weapons. We are renewing the arms race that was halted before, as if we want to compete at how strong we are. But how silly it is to quarrel like little children! Yet, look at how much energy and resources this is taking away.

As a result, everything depends on us, on all of our friends across the whole world who have received a drive to be corrected. We have to unite from within and feel that we are one whole. Then, by wishing to unite the whole world into one, we will help others come closer as well. After all, they are a passive part of ourselves. They are unable to come closer on their own, until we present them with the opportunity to connect to us.

Once a person receives an awakening, a point in the heart, he will come to us and will join all those who activate and accelerate development, adapting the speed of their work to the speed at which new *Reshimot* emerge. Then no forces, tsunamis, revolutions, wars, and others such things will force us to advance in a negative manner.

The Daily Page

March 13, 2011

Everything depends on our efforts, on the degree to which we work on unification. There is no other solution for the world.

From the 4th part of the [Daily Kabbalah Lesson 03/13/11](#)

The World Is Round

Question from Japan: What are the reasons for the disaster that is happening to us? According to the forecasts there are more quakes ahead for us. Can all of us prevent these events here and in the whole world?

Dr. Laitman's Answer: In order to answer this question we must first understand where we are. We are in a "round" world. This is what the [science of Kabbalah](#) explains to us in its section on "[perception of reality](#)."

Let's not wait for painful proofs of this fact to become expressed in our world. By way of painful experience we are discovering that we are all interconnected, that the world is [global](#) and integral in which there is a butterfly effect, and so on. Let's not have to learn the lessons from disasters that will constantly occur in order to convince us of this. Let's instead learn from the science of Kabbalah.

By the time our life experience starts working, it may be too late. How many more tsunamis, earthquakes, and other disasters have to happen for us to get smarter? Let's instead turn to science and wisdom. It is written, "The one who learns is wise." So what does the wise person learn?

We know from the science of Kabbalah that all of reality is felt inside of us because it is inside of us. My perception divides into five levels. Three of the levels are my inner sensations: root, [soul](#), and body. They "clothe" into me from inside. Besides this, there are external details of perception which I perceive on the outside, outside of me: clothing and castle. This is the entire world outside of me. Clothing is everything inside the area that my body or senses can reach, while castle are the far away, unattainable things, or in other words, the things not subject to my control.

That is how reality is divided. Its inner part is called *Galgalta ve Eynaim* while the external part is called *AHP*. This division was caused by the spiritual destruction, which is the reason why we only slightly feel the *Galgalta ve Eynaim* inside of us and have no sensation at all that *AHP* is also part of us. That is how we will divide our reality until the very end of correction when *Galgalta ve Eynaim* will unite with *AHP* into the whole ten *Sefirot*.

From here we must draw the following conclusion: We feel everything inside of our *Kelim*. These may be a tsunami, the earth, or the universe with all its stars and galaxies. Everything is inside of me, in my egoistic desire. That is how my desire is built so in it I perceive reality divided in two: "me" and "outside of me." "Me" is *Galgalta ve Eynaim*, the root, soul, and body, while "outside of me" is *AHP*, clothing and castle, the two external categories of perception.

The Daily Page

March 13, 2011

Various changes take place in my inner and outer *Kelim*. Looking at natural disasters, it is very difficult to understand why these painful events are taking place in the external *Kelim* rather than the inner *Kelim*. Why do these changes influence a specific part of my soul today, called “the Japanese people”? Why did the catastrophe befall them of all people?

My soul also includes others parts which I perceive as my friends. In reality, they do not exist by themselves, but as parts of me in my eyes. It will be so until I complete my perception and then everything will unite into one whole, into a single desire, welded and entirely aimed at bestowal. This is the corrected form.

Without viewing reality from these positions, we will never be able to correctly perceive what is happening, including wars, catastrophes, corruption, or anything else. We will never be able to justify the Creator or understand how everything is moving in the direction of correction.

However, we won’t be able to manage without having the right perspective of things, without having a picture of the “round” world that is inside a person and depends on his correction. There is nothing outside of me. Everything is me. This is my earth, my earthquake, my Japan, my Libya, my Israel, my planet, and my universe. And all of it reflects my qualities, which are not corrected yet.

From the 1st part of the [Daily Kabbalah Lesson 03/13/11](#)