

The Daily Page

December 23, 2010

Taken from the Daily Kabbalah Lesson
of Dr. Michael Laitman and Bnei Baruch

A Desire That Does Not Let Go

The Zohar, Introduction, Article “The Vision of Rabbi Hiya,” Item 54: ...It is they who roam after Divinity, who sits alone, and who always awaits for the Creator to raise Divinity from the dust. And one who does not await that each day while he is in this world has no share here.

Question: How is it possible to await the restoration of the *Shechina* (Divinity) from the dust each day?

Dr. Laitman's Answer: “Each day” means each moment. This is a rigid condition because the spiritual world is perfection. In other words, it’s when a perfect desire reigns inside you and you cannot leave it alone.

Now, when egoism reigns inside you around the clock, you do not challenge its power. That is how the desire of bestowal will reign in you day and night, making you tirelessly aspire to redemption.

From the 1st part of the [Daily Kabbalah Lesson 12/23/10](#), *The Zohar*

When the Light Knocks to Come Inside

The Zohar, Introduction, Article “The Vision of Rabbi Hiya,” Item 56: ...“At that time, He kicks 390 firmaments, and all are startled and frightened of Him.” ... This is the hint in the *Masach* called “firmament” ... There aren’t 400 but 390, with ten missing, *Malchut de Malchut*. This is why he calls the firmament, “390 firmaments.”

The vessel of our soul is characterized by the size of the desire. This size is called “*Aviut*.” If we perform the First Restriction on it (*Tzimtzum Aleph*), then the Direct Light (*Ohr Yashar*) comes to us and we reject it, raising the Reflected Light (*Ohr Hozer*).

The Direct Light is equal to the desire because our desire reveals the degree of Light or pleasure that it corresponds to. Therefore, in reality the Light does not have to “come.” Now, when I have not made a restriction yet, I do not feel that I am in the Light, the Creator. But having carried out the condition of the First Restriction I will immediately feel that I am in the Light.

The Daily Page

December 23, 2010

This is the Direct Light that “comes” to me. It pushes on me, knocking to come inside, and then the first thing I do is I reject it, raising the Reflected Light. The Reflected Light indicates the rigidity of the screen (*Kashiut*), while the Direct Light indicates its *Aviut*. We are talking about the screen because it is the connecting link between the soul and the Creator, being in the middle between them.

The desire itself, *Malchut*, divided into four parts, each containing ten *Sefirot*, each of which also consists of ten. Altogether there are 400. We cannot correct the lowest part, *Malchut de Malchut*, “the stony heart.” Her ten *Sefirot* are excluded from the general count and thus there are 390 remaining *Sefirot* or screens that *The Zohar* calls “firmaments.”

From here we see that in order to hold on to the connecting thread, we have to translate *The Zohar*’s language, which is still incomprehensible to us, to the language of Kabbalistic terms.

From the 1st part of the [Daily Kabbalah Lesson 12/23/10](#), *The Zohar*