



# Passover Decoded



## Egypt

A mindstate of unfounded hatred



## Israel

People who were awarded the title, "*nation*," after pledging to unite "*as one man with one heart*"



## Mount Sinai

The full extent of unfounded hatred (from the word "*Sinah*" in Hebrew, meaning "*hatred*")



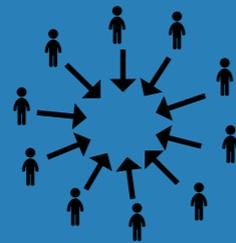
**Pharaoh**

The evil inclination (egoism)



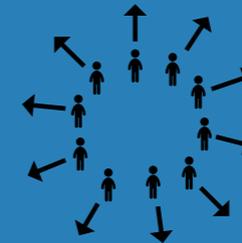
**Moses**

The desire to unite above hatred



## Matzo (Unleavened Bread)

Symbolizes our detachment from our egoistic desires.  
This is why it is called "*poverty bread*"



## Hametz (Leavening)

Desire to enjoy. Before Passover we enjoy receiving,  
after Passover we enjoy giving



# Passover Seder

The order of the transition from a mindstate of unfounded hatred (Egypt) to unity “*as one man with one heart*” (Israel)



## 40 Years in the Egyptian Desert

The stages of progress in the transition from a mindstate of unfounded hatred (Egypt) to unity “*as one man with one heart*” (Israel)



## Land of Israel

Once the people of Israel united “*as one man with one heart,*” and became a “nation,” they merited the land of Israel



## What is Passover?

Passover means passing from one state of mind to another: from unfounded hatred to unbounded solidarity and love.



## Why do we need Passover?

We need to *“pass over”* to a state of unbounded solidarity and love in order to cease the conflicts, wars, distrust and indifference that emerge from a state of disunity. United *“as one man with one heart”* is the discovery of a much better, peaceful, caring and harmonious life.



## What do I do to make this Passover happen?

You can start by using this holiday of Passover as an opportunity where everyone is all together for this significant occasion. Decide to put all past hatred in one big pile, as high as Mount Sinai, and climb above it, meeting everyone together *“as one man with one heart”* at the summit.

To hold such a decision, however, requires a supportive environment of other people who also aspire to unite above hatred, as well as learning guides and materials.

Keep an eye out for our future updates that aim to be an integral part of your supportive environment to motivate your inclination to discover a much better, peaceful, caring and harmonious life for everybody.