

# The Daily Bites

September 1, 2010

*The most outstanding Q & A, excerpts, examples, illustrations, definitions, and advice from the Daily Kabbalah Lesson of Dr. Michael Laitman and Bnei Baruch*

## Daily Kabbalah Definition

*Definitions in the daily Kabbalah lesson guide a precise, spiritual approach to terms, & disqualify materialized corporeal definitions*

## Connecting The Worlds

**How can we bridge the spiritual and corporeal worlds and connect the two together?**

Each person has to arrange himself in corporeality according to the demands that Kabbalists make: to be married, employed, and arranged in the general framework of this world. This is a necessity, a law that cannot be broken. “Without sustenance there’s no Torah.” When my corporeality is arranged and I come to the study, this corporeal, beastlike world does not exist for me. During the study I am connected with my friends in order to reveal the Creator.

If I try to reach equivalence of form in this world with the spiritual world then both of these worlds connect.

*-from the 2<sup>nd</sup> part of the [Daily Kabbalah Lesson 9/01/10](#) (minutes 43-45)*