

The Daily Bites

December 3, 2010

The most outstanding Q & A, excerpts, examples, illustrations, definitions, and advice from the Daily Kabbalah Lesson of Dr. Michael Laitman and Bnei Baruch

Daily Kabbalah Tip

Advice in the daily Kabbalah lesson is recommended, practical tasks for advancing spiritually

Faith Above Reason

What is “faith above reason” and how to do it?

We constantly need to maintain information, understanding, and feelings that the Creator always bestows good, more so and more so: "Good and does good" and "There is none else besides Him." I need to want to identify Him like this without any connection to what I feel, and then I direct myself correctly. Stages constantly change in me: *Shoresh* (root), *Aleph* (one, first), *Bet* (two, second), *Gimel* (three, third), *Dalet* (four, fourth)... Then I feel a little darkness, a little Light, a little rejection, a little attraction. But I hold on to “There is none else besides Him” and “Good and does good” each time more and more. I see that everything comes from Above in order to open His bestowal to me.

On the one hand I hold on to "There is none else besides Him," and on the other hand to my desire, and between them I assemble the relation to the Creator in order to explain the contradiction. I can't change my desire and my feeling, nor the "Good and does good." But I can build the correct relation between them, the intention, and I change the intention all the time in order to explain my desire with “There is none else besides Him.” This coordination is called “faith above reason.” This is the equation I must always maintain.

- from the 1st part of the [Daily Kabbalah Lesson 12/03/10](#) (minutes 44-49)