

The Daily Bites

January 04, 2011

The most outstanding Q & A, excerpts, examples, illustrations, definitions, and advice from the Daily Kabbalah Lesson of Dr. Michael Laitman and Bnei Baruch

Daily Kabbalah Tip

Advice in the daily Kabbalah lesson is recommended, practical tasks for advancing spiritually

To Stimulate the Light

How does one decide on bestowal and not reception?

A person needs, first of all, to want to prefer bestowal over reception and to thus prepare himself. This assists him in times when the Creator increases his desire to receive and adds to him unfavorable thoughts. Secondly, a man must determine for himself, "time for Torah," determine the times to study, to read books, to be involved in bestowal. The third advice: to cause the environment to deal with bestowal. This means to worry that the friends don't exit thoughts of bestowal, that these thoughts will be above all else, above the ego.

These efforts of a person awaken the Light that Reforms so that it acts on him. A person has to understand that he must oblige the Creator to awaken him and not to wait until it happens by itself. And then the Creator will increase the desire to receive in a person and sometimes even to awaken in him the desire to bestow, in order to awaken in him a spark that he will bring to the group.

- from the 1st part of the [Daily Kabbalah Lesson 01/04/11](#) (minutes 34-38)

Daily Kabbalah Definition

Definitions in the daily Kabbalah lesson guide a precise, spiritual approach to terms, & disqualify materialized corporeal definitions

Money, Pocket Money (Allowance)

What are the meanings of "money" and "pocket money" in spirituality?

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"Money" comes from an Aramaic word, "covering." In spirituality, the *Masach* (screen) is thus called, i.e., the covering of the Light of *Hassidim* (mercy) over the desire to receive. According to the size of the *Masach*, there is the measurement of how much Light of *Hochma* (wisdom) it is possible to receive. Therefore in corporeality, as a copy of spirituality, it is possible to buy everything with money by which one measures the value of each thing in our world. "Pocket money" is the minimum covering that a person feels in that everything needed to exist has been covered from poverty, for covering his desire to receive at an essential level. As in the desire for benevolence, nothing more than the essentials are needed.

- from the 4th part of the [Daily Kabbalah Lesson 01/04/11](#) (minutes 15-20)