# The Daily Bites

May 4, 2010

The most outstanding Q & A, excerpts, examples, illustrations, definitions, and advice from the Daily Kabbalah Lesson of Dr. Michael Laitman and Bnei Baruch

### **Daily Kabbalah Tip**

Advice in the daily Kabbalah lesson is recommended, practical tasks for advancing spiritually

#### One Vessel

Leave your earthly desires to their earthliness and connect the points in the hearts.

We try to understand everything in one vessel, a single soul. Everybody has earthly desires and a point in the heart which attracts him beyond the earthliness. We leave all our worldly desires to their worldliness and we connect the points in the hearts together. So we have one vessel, in which we hope to reveal the words of *The Zohar*.

-from the 1<sup>st</sup> part of the daily Kabbalah lesson (minutes 0-2)

## **Daily Kabbalah Definition**

Definitions in the daily Kabbalah lesson guide a precise, spiritual approach to terms, & disqualify materialized corporeal definitions

#### Plague Of Blood, Nile, Plagues Of Egypt

What is the "plague of blood"? What are the meanings of "Nile," "Water," and "Blood," and why do we need ten plagues in order to exit Egypt?

"Water" is the Light that the *Kelim* (vessels, desires) receive for the sake of bestowal, in the *Kelim* of Israel, and that is the Light of *Hassadim* (Mercy), also called "milk." And if that same Light is received for

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the sake of receiving, in the *Kelim* of Egypt, then it is called, "blood," Light of *Hochma* (Wisdom) with which it is impossible "to drink" or use, because bestowal has disappeared from it.

These *Kelim* are found in the same person. In the first stage a person is completely not able to use the desire to receive since he is not qualified to work for the sake of bestowal, and thus if he receives the Light, it is felt in him as "blood." At this moment a person is in need of *Hassadim*, and he must buy it with "money" (from the root, *Keshufa*, screen) the "*Kelim* of Israel," the *Kelim* of bestowal.

A person needs to reach such a decision, in each big desire that is called "Nile." This means that he must decide that he cannot use, in any form, that big form of reception—completely not. This is called that "Aharon" gave a hit via the Nile, that the form of bestowal demonstrated itself completely against the desire to receive. This is called that the desire to receive will be filled with blood. This means it showed that in the form of "for the sake of receiving," the desire to receive is not able to bring a person the spirit of life.

This is the first plague and after it comes the additional plagues; this is in order to sort out the desire to receive, to scrutinize it in all of its forms, to see how much it can belong to divinity and how much it can't. These ten plagues are the ten *Malchuot* (Kingdoms) that are not possible to correct until *Gmar HaTikun* (the End of Correction), and thus we must leave them in Egypt. In spite of this, the *Kelim* of Egypt, those which can participate with Israel and work with the intention for the sake of bestowal, exit along with Israel.

-from the <sup>1st</sup> part of the daily Kabbalah lesson (minutes 6-23)