

# The Daily Bites

August 4, 2010

*The most outstanding Q & A, excerpts, examples, illustrations, definitions, and advice from the Daily Kabbalah Lesson of Dr. Michael Laitman and Bnei Baruch*

## Daily Kabbalah Tip

*Advice in the daily Kabbalah lesson is recommended, practical tasks for advancing spiritually*

### From Language To Language

**Exercise: Rewrite the article that we studied, from the language of branches to the language of roots.**

The article we learned today was written in a very material manner, relevant to this world: phylacteries, prayer shawl, Torah, nations, Israel, etc. My suggestion is to rewrite it in a clear manner; that is, using our expressions: desire and Light. Besides desire and Light, there is nothing. Rewriting everything in the language of roots, and not in the language of branches, is a good exercise for everyone.

*-from the 1<sup>st</sup> part of the [Daily Kabbalah Lesson 8/04/10](#) (minutes 38-50)  
and from the 2<sup>nd</sup> part (minutes 7-38)*

## Daily Kabbalah Definition

*Definitions in the daily Kabbalah lesson guide a precise, spiritual approach to terms, & disqualify materialized corporeal definitions*

### The Land Of Israel, The Nations, And The Countries Of The Universe

**What is the spiritual meaning of the concepts, “the Land of Israel,” “the nations,” and “the countries of the universe”? What is the connection between them?**

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Those same desires that are corrected to love of others, that are used for love of others, are called "the Land of Israel." "The nations" are those desires directed to one extent or another for the sake of self only. "The countries of the universe," are desires that we are not able to correct now, but only after acquiring the Land of Israel, and within its correction. As it is written: "At the end of days, the Land of Israel will spread to the whole world." This means that we will begin to use the desires that we didn't touch previously. Thus, they are called the countries of the universe, countries that are beyond the "Jordon," "Lebanon," "Syria," and "Babylon"—the close desires that are corrected after acquiring the Land of Israel. After these corrections, we arrive at the correction of the entire world. This is the state where all the desires are corrected for the sake of bestowal.

*-from the 1<sup>st</sup> part of the [Daily Kabbalah Lesson 8/04/10](#) (minutes 38-37)  
and from the 2<sup>nd</sup> part (minutes 7-38)*