The Daily Bites

July 5, 2010

The most outstanding Q & A, excerpts, examples, illustrations, definitions, and advice from the Daily Kabbalah Lesson of Dr. Michael Laitman and Bnei Baruch

Daily Kabbalah Tip

Advice in the daily Kabbalah lesson is recommended, practical tasks for advancing spiritually

Knowing What Is Studied

Knowledge is the attempt to connect to the material being studied.

The studies tell us about our advanced and corrected states. "Knowing what is studied," is called to attempt to connect to the material being studied. We learn about advanced states and want to be in them. I need to yearn to be with everyone as one man with one heart, one system, and I imagine this situation to myself: that we are all one *Kli* and that we receive the revelation of Light for the sake of bestowal to the Giver of the Light, and not for the sake of enjoying the Light. This is called that I know what is studied.

In addition to efforts for myself, I also need to make an effort for the friends and worry that the picture is as clear as possible for them. If each one behaves this way towards everyone else, then due to the mutual support, personal passion unites and changes into MAN (Mayin Nukvin, Female Water).

Our efforts awaken the concealed corrected state within us and pulls it out by force, since it is hiding there. Our intention during the time of study should be that it will be revealed to us.

-from the 2nd part of the <u>Daily Kabbalah Lesson 7/05/10</u> (minutes 30-33)