

# The Daily Bites

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*The most outstanding Q & A, excerpts, examples, illustrations, definitions, and advice from the Daily Kabbalah Lesson of Dr. Michael Laitman and Bnei Baruch*

## Daily Kabbalah Tip

*Advice in the daily Kabbalah lesson is recommended, practical tasks for advancing spiritually*

### To Work Hard on the Eve of the Sabbath

#### Should I work hard on the eve of the Sabbath?

If you invest in the group, you can demand from them. If you didn't build the connection between you and the group, then you can't demand anything from them. This is the natural way.

In our world there is a natural closeness between a child and his parents, and thus a child can demand from his parents naturally. In the spiritual world, one needs to renew the birth. When you reach the level of son, *Zeir Anpin* (small face) towards *Bina* (intelligence), you can demand strength from the Creator. When you are the son of the Creator, you can demand from Him according to the closeness between you.

It is this way also with the group and friends; you can demand from them according to the amount of your investment in them, but not according to how much you think you invested, but according to how much they appreciate your investment. And if you invested in them, you don't even need to demand anything, but will receive everything in return. Everything is according to the condition "He who did not work hard on the eve of the Sabbath, what will he eat on the Sabbath?"

- from the 4<sup>th</sup> part of the [Daily Kabbalah Lesson 9/05/10](#) (minutes 37-40)