

The Daily Bites

March 7, 2010

The most outstanding Q & A, excerpts, examples, illustrations, definitions, and advice from the Daily Kabbalah Lesson of Dr. Michael Laitman and Bnei Baruch

Daily Kabbalah Tip

Advice in the daily Kabbalah lesson is recommended, practical tasks for advancing spiritually

The Purpose of the Connection Between Us

The main thing is to want to connect to others, to correct the relationship between us.

We learn a lot about intentions in the wisdom of Kabbalah. The reason for correction is the breaking that occurred in our roots, in Adam's soul, and therefore the correction is in the unity of the souls. This intention should be the main and central one. As a result, the perception of reality will change and so will man's relation to life, this world, the spiritual world, the Creator, himself, and the environment. But, the point is to want to unite, to connect to others to correct the connection between us, to convert it from rejection and hatred to unity and love, and then the Creator will be revealed among us. This should be the primary intention when studying *The Zohar*, because *The Zohar* brings us the same power that can correct the breaking among us.

-from the 1st part of the daily Kabbalah lesson (minutes 50-150)