

The Daily Bites

July 7, 2011

The most outstanding Q & A, excerpts, examples, illustrations, definitions, and advice from the Daily Kabbalah Lesson of Dr. Michael Laitman and Bnei Baruch

Daily Kabbalah Tip

Advice in the daily Kabbalah lesson is recommended, practical tasks for advancing spiritually

To Cling to the Upper

How can I know that I am in the right direction?

The mind and the desire, the brain and the heart, need to work together, mutually, within an understanding that I deliver the control to the brain and don't go after the desire. I enter my mind to the *AHP* (*Awzen, Hotem, Peh*—ear, nose, mouth) of the Upper, to the group, and cling to it. Only in this way can I rise above my desire and know that I am going in the correct direction.

- from the 3rd part of the [Daily Kabbalah Lesson 07/07/11](#) (minutes 22-26)

Daily Kabbalah Definition

Definitions in the daily Kabbalah lesson guide a precise, spiritual approach to terms, & disqualify materialized corporeal definitions

Other Gods

What are other Gods in spirituality?

Man was created in a state that it seems to him that there are other people and a big world around him, i.e., his desire to receive, his ego. If he describes himself as higher than the Creator, then he draws for himself, instead of the Creator, other Gods. This means another force, not exactly the Creator but a copy of his desire to receive which seems to him as God according to his uncorrected desire and that is called other Gods. But all of this is expressed in his inner *Kelim* (vessels) with which he still hasn't reached unity, to unite them together and to see that he is alone facing Godliness, facing the Creator.

The Daily Bites

July 7, 2011

All the deviations, obstacles, foreign thoughts and all kinds of events that come to him, he must attach it, in the end, to the Creator and not to all kinds of other reasons and events. All of that is called other Gods since he makes himself hang onto something that isn't in the Creator, i.e., that something else or someone else exists that can be a source of bestowal, or good or bad, on him and on the rest.

- from the 1st part of the [Daily Kabbalah Lesson 07/07/11](#), Shamati (minute 9)