

The Daily Bites

November 7, 2010

The most outstanding Q & A, excerpts, examples, illustrations, definitions, and advice from the Daily Kabbalah Lesson of Dr. Michael Laitman and Bnei Baruch

Daily Kabbalah Tip

Advice in the daily Kabbalah lesson is recommended, practical tasks for advancing spiritually

The way to the revelation of the Creator is through love of friends

It is important that all of us, all the friends, the whole world, will be together in shared preparation work and thought: Why am I doing this? I need to put intention into every action and everything I do, i.e. how do I think about the others, how do I try to relate and connect to them?

In the remaining days until the Convention, and during the Convention, we have an opportunity to serve each other, and especially in this will be our success because this is connection. I buy a friend when I invest in him and he invests in me. Thus we build a common vessel.

We have an opportunity to create the vessel in which Godliness will be revealed, and the way to attain it is through love of friends. Thus we need to strengthen and connect between us as much as possible.

Daily Kabbalah Definition

Definitions in the daily Kabbalah lesson guide a precise, spiritual approach to terms, & disqualify materialized corporeal definitions

Gmar Tikkun (End of Correction)

What is the meaning of "Gmar Tikkun"

"Gmar Tikkun" is the permanent state that the Creator created from the beginning, the state called, "Ein Sof (infinity)." Each of us were created in this state as a point and in order for us to feel it as *Ein Sof*, the

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Creator prepared a way out of there for us, and also a return to there. And for this purpose, He created this world.

The descent from *Ein Sof* is called, "descent of the worlds." According to the same path, according to the same *Reshimot* (reminiscences), we return from this world to the *Malchut* of *Ein Sof*, through five worlds called, *Assiya*, *Beria*, *Yetzira*, *Atzilut*, and *Adam Kadmon*. We return to *Ein Sof*, to the state of *Gmar Tikkun*. And on the way back we become independent and instead of the point, each one becomes truly as *Ein Sof*. And then that *Ein Sof* we reach is filled with Light, not the way it was in the initial state, but it is filled with Light that is called, *NRNHY* (*Nefesh*, *Ruach*, *Neshama*, *Haya*, *Yechida*).

This takes place the same as it does in this world, when a person is born. In the beginning, the person is just a drop of semen which contains everything. The drop of semen contains all the information about the future person, the person's whole destiny, everything that will take place to that person during the person's life until he grows in intelligence, feelings, size, control, everything. This also takes place in spirituality. In the beginning, we have only one point and it needs to develop until it is the size of *Ein Sof*, until the state of *Gmar Tikkun* where each one of us will function truly like the Creator.

- from the 1st part of the [Daily Kabbalah Lesson 11/07/10](#) (minutes 22-34)