

The Daily Bites

February 10, 2011

The most outstanding Q & A, excerpts, examples, illustrations, definitions, and advice from the Daily Kabbalah Lesson of Dr. Michael Laitman and Bnei Baruch

Daily Kabbalah Tip

Advice in the daily Kabbalah lesson is recommended, practical tasks for advancing spiritually

To Transform Hate into Love

The practical work in the wisdom of Kabbalah is to transform hate into love.

We were made to be between two desires, and we need to classify and examine what we prefer. I don't know what love is and I don't know what the Creator is, but I know with certainty that there is a clear feeling within me as to what "I" am compared to "you." It is clear to me above any doubt that I am important to myself and there is nothing more valuable than myself, and thus naturally I live within a calculation of what is worthwhile to me, from within my inconsideration of you.

Kabbalists tell me that if I want to reach the second nature, of love, I can do that from the reality in which I live, from within trying to reach what is opposite of it. I need to reach a state in which I exist in order to serve the other because by that I arrive at serving the Creator. In this way I change my relation towards the world, from using it for my benefit to using it for the good of the world. This is called the world of the Creator.

If you reach some kind of measure of this, even the smallest, and you are willing to serve others, then you reach the first complete measure and immediately discover the Light from within this usage. You discover the fulfillment that is called "Creator." This is the way one advances the levels of the ladder and transforms hate into love, corrects the *Kelim* (vessels), and reveals the Creator. But from the beginning you must determine that you do it in order to reach serving the Creator.

This is our practical work and all of it is found in front of us because others are found in front of us and we describe the love and hate towards it.

- from the 2nd part of the [Daily Kabbalah Lesson 02/10/11](#), The Zohar (minutes 11-16)

Daily Kabbalah Definition

Definitions in the daily Kabbalah lesson guide a precise, spiritual approach to terms, & disqualify materialized corporeal definitions

Something from Nothing

What is the meaning of the concept, "creation of something from nothing"?

The creation is called a "something from nothing" being and the Creator alone exists and He wants to create something that is outside of Him. So this distinction that there is something that is outside of Him is called, "creation." The desire of the Creator is for that creature to attain the state that he is outside of the Creator, skip over this gap between him and the Creator, and reach a state where he cancels the creation, the gap, the abyss between them.

Thus a man in this world must see himself as only existing opposite the Creator, that there is none else besides Him and except for Him there is nothing, including actually the person himself. There is an illusion in my perception, in my feelings, that I exist outside of the one Upper Force, as opposite to the one Force that is the Creator. And everything I imagine to myself was created on purpose so that I will have a foothold, within the numerous *Kelim* (vessels), to reach One. Man does not exist in this One. This is what man goes to achieve and thus jumps above the abyss between "something from something" and "something from nothing." This is what we need to reach.

- from the 1st part of the [Daily Kabbalah Lesson 02/10/11](#), Writings of Rabash (minutes 15-18)