

# The Daily Bites

February 11, 2010

*The most outstanding Q & A, excerpts, examples, illustrations, definitions, and advice from the Daily Kabbalah Lesson of Dr. Michael Laitman and Bnei Baruch*

## Daily Kabbalah Tip

*Advice in the daily Kabbalah lesson is recommended, practical tasks for advancing spiritually*

### The Environmental Impact

**We should know the content that is going to be at the conference, so that the physicality will be familiar. This is how we can connect, and the surprises will be in spirituality.**

Why is it so hard to move to the right line when the left line is revealed a little (a small ego)? What do we need to do in order to move to the right line despite the discovery of a small amount of ego?

One should think that of all the things he has in life, the most important thing is for him to respect the Emanator (*Maatzil*). He can do this exercise: From morning till night think only of one thing, how does one take care for the Creator? You do not need anything else; just worry about Him.

If the Creator will reveal Himself to us, then out of desire to receive, He will be dear, great, and bestowing in the eye of the human. If the Creator is revealed to us that way, even if the person does not want the Creator and does not agree with Him, he will respect the Creator and feel that the Creator is great. One needs to respect His bestowal, but if you do not discover anything from the Creator, and there is nothing that will bribe the desire to receive, then a person has a problem. If there is one who only gives to everyone, regardless of the attitude he receives from the environment, you cannot feel you depend on such a person; you cannot respect him. You can come and take away from him whatever you want, whenever you want. It's similar to a situation where a baby cannot respect his mother because she's constantly just giving to him; so how can he respect her?

How can I begin to respect such a great thing, which is completely bestowing, who doesn't need anything, and doesn't depend on anything?

In the desire to receive there is no possibility to have a grasp of such a great thing, unless the person reveals that the Creator is bestowing and giving, then man agrees to be his friend.

All greatness and importance that a person can develop towards the Creator is by the connection between us. There is no other way to obtain a relation to bestowal unless the society gives me the importance for Him, even though the society itself has no importance to it, and is just playing. Man accepts this social game as the real thing, and since you think that the society respects the Creator, it becomes important for you too.

*-from the 1<sup>st</sup> part of the daily Kabbalah lesson (minutes 74-77)*

We gather to receive the environmental impact that would cause us to think we should quit our desire to receive. Whoever still has doubts should visit the *Zohar* conference website through <http://www.kabbalah.info/engkab/kabbalah-worldwide/zohar-congress> .

I recommend everyone, even people who are far away and students who are sitting here [in Israel], to know the songs, the program, the content, and everything that is expected at the conference, in depth and thoroughly. All of the physicality should be usual, known, and familiar. Anything new and all the surprises—let them be in spirituality!

*-from the 3<sup>rd</sup> part of the daily Kabbalah lesson (minutes 48-50)*

## Daily Kabbalah Definition

*Definitions in the daily Kabbalah lesson guide a precise, spiritual approach to terms, & disqualify materialized corporeal definitions*

### **"Song" As A Means Of Expression And Connection**

"Song" is the highest means of expressing a thought or feeling, and is a kind of inner eruption that brings a person to full expression and even further than that. A song that is fitting in its words, rhythm, and melody works on a person, awakens him, and brings him to deepest admiration. In spiritual studies a connection is created between those who study with the help of the common intention. In singing, the connection is seen and felt in a much clearer way, and brings with it additional means to unite and connect between persons in order to reach the goal of creation.

*-from the 3<sup>rd</sup> part of the daily Kabbalah lesson (minutes 27-29)*