

The Daily Bites

May 12, 2011

The most outstanding Q & A, excerpts, examples, illustrations, definitions, and advice from the Daily Kabbalah Lesson of Dr. Michael Laitman and Bnei Baruch

Daily Kabbalah Tip

Advice in the daily Kabbalah lesson is recommended, practical tasks for advancing spiritually

Don't Let Time Be Prolonged

If we don't progress ahead of time, there is no difference between the body and the soul.

A person must arrange his environment correctly so that pressure will constantly activate him to realize the goal of creation. One must reach the state that at every moment he receives a new attribute and immediately awakens in himself deficiency to attain more. This is our test to know if we are advancing. It is forbidden for me to agree that time is prolonged and we must progress ahead of time, otherwise there is no difference between the soul and the body.

- from the 1st part of the [Daily Kabbalah Lesson 05/12/11](#), Writings of Rabash (minutes 17-20)

Daily Kabbalah Definition

Definitions in the daily Kabbalah lesson guide a precise, spiritual approach to terms, & disqualify materialized corporeal definitions

Justification And Agreement

What are justification and agreement in spirituality ?

Agreement with the Creator is concerning the creation that was created, when we discover His acts as complete and good. That isn't only agreement and there are many levels here. The question is asked: Why do I need to correct my *Kelim* (vessels) in order to reach justification to the extent that even if He doesn't do anything, I wouldn't have done anything either because I already understand all of the creation in its depth? I understand that it is wonderful and there is love here, so infinite, from His side.

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Actually all of our work is reaching the sensation and understanding in heart and mind in order to recognize everything that He does.

- from the 3rd part of the [Daily Kabbalah Lesson 05/12/11](#), Talmud Eser Sefirot (minute 19)