

The Daily Bites

July 12, 2011

The most outstanding Q & A, excerpts, examples, illustrations, definitions, and advice from the Daily Kabbalah Lesson of Dr. Michael Laitman and Bnei Baruch

Daily Kabbalah Tip

Advice in the daily Kabbalah lesson is recommended, practical tasks for advancing spiritually

The Intention

What does it mean to keep the intention? Is development of the intention found in reading?

When I read, I "play a game" with my friends. Even if I don't understand each word, the main thing is to listen and read together. The game is in connecting the words that are read to the connection between us and to try during the reading to have the correct intention, i.e., to connect the words together with the suitable intention for connection so as to reveal the Creator.

- from the 2nd part of the [Daily Kabbalah Lesson 07/12/11](#), The Book of Zohar (minutes 23-26)