

The Daily Bites

April 13, 2011

The most outstanding Q & A, excerpts, examples, illustrations, definitions, and advice from the Daily Kabbalah Lesson of Dr. Michael Laitman and Bnei Baruch

Daily Kabbalah Tip

Advice in the daily Kabbalah lesson is recommended, practical tasks for advancing spiritually

Correct Advancement

What are the signs of advancement in the study of *The Zohar*?

The study of the writings of Kabbalists isn't done for the sake of the study itself, but those who study gather together and yearn for one thing only, for the remedy that is in the studies, for the Light that Reforms. It is only for this that one needs to concentrate.

Advancement in *The Zohar*, as in the rest of the writings of Kabbalists, is only to the extent of the attraction of the person to that Force that he wants to reveal, that he yearns for, the Force that will open his eyes, open his head and heart.

Advancement is not in understanding; it's not the university! We didn't come here in order to fill our and everyone's desire to receive. We came here to acquire new *Kelim* (vessels).

- from the 2nd part of the [Daily Kabbalah Lesson 04/13/11](#), The Zohar (minutes 15-19)

Daily Kabbalah Definition

Definitions in the daily Kabbalah lesson guide a precise, spiritual approach to terms, & disqualify materialized corporeal definitions

Avraham

What is Avraham in spirituality?

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Before the spiritual exile of Egypt, our work begins from Avraham which is the attribute of holiness, *Hesed* (mercy), the highest point in the body of the soul, which has no *Aviut* (coarseness, thickness).

- from the 2nd part of the [Daily Kabbalah Lesson 04/13/11](#), *The Zohar* (minute 38)