

The Daily Bites

May 13, 2011

The most outstanding Q & A, excerpts, examples, illustrations, definitions, and advice from the Daily Kabbalah Lesson of Dr. Michael Laitman and Bnei Baruch

Daily Kabbalah Tip

Advice in the daily Kabbalah lesson is recommended, practical tasks for advancing spiritually

Concrete Desire

The concept of “purchasing desire” or connecting to desires of a friend is not tangible. How can one understand it in feeling?

When I want something it is very tangible. It is precisely material that is not tangible, since it changes its states of accumulation: solid to liquid and gas and the opposite. Contrary to this, in desires I feel exactly what I want: hunger, anger, happiness. The environment worries about supplying us desires that are very concrete and strong. We feel them within us and act according to them. One needs to be helped and lean on the group to support him and convince him that the connection is a positive and essential thing, although mine don't appear so.

- from the 2nd part of the [Daily Kabbalah Lesson 05/13/11](#), The Zohar (minutes 21-24, 26-27)