

# The Daily Bites

August 14, 2011

*The most outstanding Q & A, excerpts, examples, illustrations, definitions, and advice from the Daily Kabbalah Lesson of Dr. Michael Laitman and Bnei Baruch*

## Daily Kabbalah Tip

*Advice in the daily Kabbalah lesson is recommended, practical tasks for advancing spiritually*

### Translation to Spirituality

**During the lessons we must think about the whole world and try to include it in us.** And, we must try and make an effort to include the whole world in our correction. The others know to shout only about corporeal fulfillment and we need to translate their deficiency as a spiritual need since only the Light can fulfill a person. During the lessons we must think about the whole world and connect it together to us, and thus we will succeed.

- from the 2<sup>nd</sup> part of the [Daily Kabbalah Lesson 08/14/11](#), The Zohar (minutes 9-11)