

The Daily Bites

March 15, 2011

The most outstanding Q & A, excerpts, examples, illustrations, definitions, and advice from the Daily Kabbalah Lesson of Dr. Michael Laitman and Bnei Baruch

Daily Kabbalah Tip

Advice in the daily Kabbalah lesson is recommended, practical tasks for advancing spiritually

Education Through Actions

As parents, should we explain our thoughts to our children or educate through actions?

We should not ask our children to understand us. They are not able to. It is the rule of nature that they are only able to understand our attitude towards them.

"From your actions we will know you." This means that the lower becomes familiar with the Upper through the acts of the Upper and not through Its thoughts. The lower knows only what is done towards him. The scheme, the extent of bestowal and love of the Upper, can't be grasped by the lower.

This rule is very important in the education of children because we usually try to pass on our thoughts to our children and this is a mistake. The child understands the older (greater) only through the actions of the older.

- from the 3rd part of the [Daily Kabbalah Lesson 03/15/11](#), The Zohar (minutes 19-22)

Daily Kabbalah Definition

Definitions in the daily Kabbalah lesson guide a precise, spiritual approach to terms, & disqualify materialized corporeal definitions

From Your Actions We Will Know You

What is "From your actions we will know you" in spirituality?

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October 25, 2010

The lower is always in contact with the *AHP*—*Awzen* (Ear), *Hotem* (Nose), *Peh* (Mouth) of the Upper and never with its *GE*, *Galgalta ve Eynaim* (Skull and Eyes). *GE* of the Upper doesn't understand the lower because it is for use of the Upper and its *AHP* is what is used to serve the lower. Thus, the lower can't obtain the scheme of the Upper, the extent of Its bestowal and the extent of Its love towards him. It is forbidden to ask from children that they understand our relation to them. They are able to understand our relation to them only in an external form, in actions, as is understood by their *Kelim*. *GE* of the lower *Partzuf* can't understand the *GE* of the Upper *Partzuf* but he only understands His *AHP*, according to the actions he sees in the *AHP* of the Upper, and to this extent knows him, from actions, not from thoughts. The lower knows only what the Upper does towards him.

In education this is very important because usually we want to give the child our thoughts and that's not good. We need to teach children only through actions. In this way our *AHP* connects to the *GE* of the child. Your action as a grownup he will understand only in his *GE*. This connection between *Partzufim* is what gives us an explanation for all the processes that take place here.

- from the 3rd part of the [Daily Kabbalah Lesson 03/15/11](#), *The Zohar* (minute 19)