The Daily Bites

May 15, 2011

The most outstanding Q & A, excerpts, examples, illustrations, definitions, and advice from the Daily Kabbalah Lesson of Dr. Michael Laitman and Bnei Baruch

Daily Kabbalah Tip

Advice in the daily Kabbalah lesson is recommended, practical tasks for advancing spiritually

And Now for the Commercials...

In order to receive the greatness of the goal from the society, I must see them as great ones of the generation.

The society is like a public relations company that increases the importance of the goal for me. From within the envy towards them, self respect and passion to that same goal, I can increase my desire and shorten the way. If I annul the friends or scorn them, I cut off my own advancement and harm the others. I must constantly play as if they are the great ones of the generation in my eyes, otherwise I won't be able to receive from them the greatness of the goal.

- from the 1st part of the **Daily Kabbalah Lesson 05/15/11**, Writings of Rabash (minutes 40-43)

Daily Kabbalah Definition

Definitions in the daily Kabbalah lesson guide a precise, spiritual approach to terms, & disqualify materialized corporeal definitions

The Thought of Creation

What is the thought of creation in spirituality?

The thought of creation is the Thought of the Creator which through it, everything was created. The created beings are found within it, and all their actions and feelings. The created beings rise up, are likened to the Creator and reach *Gmar Tikkun* (End of Correction) and thus they attain and implement His entire Thought. All of this is felt by the created beings as some kind of process that they go through,

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that does something to them, that happens to them, but really, also the created beings and also the actions that happen to them, their feelings, the situations that they go through, all the worlds, the *Sefriot* and *Partzufim* and actually the entire, immense process; everything is found within them and all of it is the thought of creation which is the only thing that exists here. There is nothing except this and His Thought that we exist, His thought that we go through all this process and nothing more. Thus with one Thought all was created and made and arrived at *Gmar Tikkun*. Everything exists in the Thought of the Creator, in the relation of the Light to that same created being that He wants to bestow to and bring to a state that is called, "Good and does good."

It seems to us that we exist. It seems to us that we are doing something here, the actions that we pass through; we make some efforts, raise MAN (Mayin Nukvin—female waters), receive MAD (Mayin Duchrin—Male Waters), and there are complete worlds here, Partzufim, distances that are infinite, but all of this exists only in our imagination and in the Thought of Creation only.

- from the 1st part of the <u>Daily Kabbalah Lesson 05/15/11</u>, Writings of Rabash (minutes 2)