

# The Daily Bites

August 15, 2011

*The most outstanding Q & A, excerpts, examples, illustrations, definitions, and advice from the Daily Kabbalah Lesson of Dr. Michael Laitman and Bnei Baruch*

## Daily Kabbalah Tip

*Advice in the daily Kabbalah lesson is recommended, practical tasks for advancing spiritually*

### An Exercise in Relations

**It is only from within the correct relations to others that one arrives at love of the Creator.**

Naturally, towards the Creator we have respect and for a friend we show disrespect. But bestowal towards others must be more important than to the Creator. Try to do this exercise: Show disrespect to the Creator and love toward others. This will help you see where you are. It is only from within the correct relations to others, which is firstly, "What you hate yourself, don't do to others" and then, "Love the other as yourself" so that you can reach, "Love the Lord your God."

- from the 5<sup>th</sup> part of the [Daily Kabbalah Lesson 08/15/11](#), Preface to the Wisdom of Kabbalah (minutes 11-15)