

# The Daily Bites

January 17, 2011

*The most outstanding Q & A, excerpts, examples, illustrations, definitions, and advice from the Daily Kabbalah Lesson of Dr. Michael Laitman and Bnei Baruch*

## Daily Kabbalah Tip

*Advice in the daily Kabbalah lesson is recommended, practical tasks for advancing spiritually*

### A Game for the Ideal Connection

#### Which game should I play in order to advance?

We want to build an environment, a perfect, ideal society and in order to get to this, we play a game. The game will transform us to really be this way. All of advancement comes through a game.

The game is for when you are not yet on the next level, but you play as if you are already there. If we stop playing, then we transform into being inanimate without development. Thus we need to play as if we are already there, like children play in being grown up.

We are building an environment that commits us to play this game and each one of us takes part in this game consciously, voluntarily, since only in this way is it possible to grow and reach the next level.

The game on the next level attracts to us the Surrounding Light from the next state, my corrected state, and that Light attracts me to It and corrects me. This is the entire system. Either we go with the system and advance or we go against and receive blows that commit us to play games.

*- from the 2<sup>nd</sup> part of the [Daily Kabbalah Lesson 01/17/11](#), Shamati 153 (minutes 45-52)*

## Daily Kabbalah Definition

*Definitions in the daily Kabbalah lesson guide a precise, spiritual approach to terms, & disqualify materialized corporeal definitions*

### Desire and Thought: Present, Future, and Past

### **What are "desire" and "thought" according to the wisdom of Kabbalah?**

The only substance that exists in the world is the desire and everything accomplished in the world is accomplished through our desires and our thoughts which accompany these desires. "Desire" or collection of "desires" is our substance. This is our nature in which we exist. In each moment of existence of a man there is a certain collection of desires. "Thought" is what accompanies these desires in order to direct them to a certain place, in order to realize them in some way.

This is to say that there are only desires and thoughts. There are a collection of desires in my present state that are called "present" and a collection of desires in my future state, which is the accepted state that I can imagine in thought, and it is called "future." There is also the previous state of my desires that were written in memory called "past," that I am able to reconstruct in thought. That is all.

*- from the 2<sup>nd</sup> part of the [Daily Kabbalah Lesson 01/17/11](#), Shamati 153 (minutes 69-73)*