

The Daily Bites

May 17, 2011

The most outstanding Q & A, excerpts, examples, illustrations, definitions, and advice from the Daily Kabbalah Lesson of Dr. Michael Laitman and Bnei Baruch

Daily Kabbalah Tip

Advice in the daily Kabbalah lesson is recommended, practical tasks for advancing spiritually

Internal to External

The only bestowal to the group and to the world

We must think of how to benefit the group and from the group to the rest of the world. This means to be included in the group and to constantly think of how to awaken the friends, to raise their spirits and to give them the importance of the goal and thus I am included within them more and more and find within them the force of the Creator and use it in order to bestow more to them, so that they will advance. And in this way the group is awakened to the entire world, from the group outwards, i.e., from internal to external. Each one of us needs to think in this way all the time and we are able to do this since we are those who received a little rope from the Creator.

- from the 4th part of the [Daily Kabbalah Lesson 05/17/11](#), "Peace in the World" (minutes 36-39)

Daily Kabbalah Definition

Definitions in the daily Kabbalah lesson guide a precise, spiritual approach to terms, & disqualify materialized corporeal definitions

Luck

What is luck in spirituality?

Luck is called the Upper Lights that reach us from the head of *Arich Apin* (long face); that is called luck, a liquid that reaches us drop by drop according to the form of advancement of the person. Thus these Lights are called fortune. These Lights, that don't reach us easily, flowingly, but with interruptions

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between them are called fortune. The interruptions caused by these Lights awaken us and we begin to respond. Thus it is written that everything depends on luck and “when one changes place, he changes luck,” i.e., the place of intention of desire.

- from the 3rd part of the [Daily Kabbalah Lesson 05/01/11](#), Talmud Eser Sefirot (minute 27)