

# The Daily Bites

August 17, 2011

*The most outstanding Q & A, excerpts, examples, illustrations, definitions, and advice from the Daily Kabbalah Lesson of Dr. Michael Laitman and Bnei Baruch*

## Daily Kabbalah Tip

*Advice in the daily Kabbalah lesson is recommended, practical tasks for advancing spiritually*

### **No Advancement Without Dissemination**

**Our advancement is a contribution to the world and without it we don't have a right to exist .**

Our advancement is in how much we can contribute to the general world and in particular to the nation of Israel. Without this we have no right to exist. One needs to do disseminate once or twice a week, in the evening, in the tents (where the protestors are), and to invite people to talk to them. Whoever is not participating in this, one who can't overcome the tiredness, can't advance. Whoever is not participating in the dissemination has no place with us because with the wisdom of Kabbalah, one learns only from actions. As much as you push yourself to disseminate, to that extent you will advance.

*- from the 5<sup>th</sup> part of the [Daily Kabbalah Lesson 08/17/11](#), Writings of Baal HaSulam (minutes 33-36)*