

# The Daily Bites

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*The most outstanding Q & A, excerpts, examples, illustrations, definitions, and advice from the Daily Kabbalah Lesson of Dr. Michael Laitman and Bnei Baruch*

## Daily Kabbalah Tip

*Advice in the daily Kabbalah lesson is recommended, practical tasks for advancing spiritually*

### **A Drop of Stickiness (*Tipat Dvikut*)**

**You need to find the point of breaking, and the Creator will "glue" the break.**

How can we achieve the right connection among us in order to draw the Light that Reforms, if our intention is not uniform?

We can do it slowly, by work and inquiries. We have to do it. The intention is our responsibility. The Upper Light constantly corrects our intention, but we should try to make intentions from our side, and we cannot give that up. We must not give up. By this endeavor you find out every time that you cannot actually do it. This process brings you to the gate of tears, to *hagdashat ha-se-ah* (overdoing it), to the point where you give up and say "I cannot connect with the others in order to create one vessel between us."

We have to be in this endeavor all the time and to actually see that we are unable to do it by ourselves. Only against such an endeavor will you get help from Above, because by that you determine the location of the break and your desire to correct that break, and then surely the Creator will help you. You have to find the broken place, like the Creator bringing the glue and waiting for you to tell him where to paste. This is called a drop of stickiness (*tipat dvikut*).

*-from the 1<sup>st</sup> part of the daily Kabbalah lesson (minutes 56-59)*