

The Daily Bites

January 20, 2011

The most outstanding Q & A, excerpts, examples, illustrations, definitions, and advice from the Daily Kabbalah Lesson of Dr. Michael Laitman and Bnei Baruch

Daily Kabbalah Tip

Advice in the daily Kabbalah lesson is recommended, practical tasks for advancing spiritually

A Wise One and a Patient One

A wise one and a patient one went into the orchard.... How does one stay with the aim of the goal even when the substance doesn't?

When the substance doesn't understand, it's only possible to be sorry, simply to be sorry but not to sit and cry, but call out to the material again and again and again. Very slowly it will become more understanding. The substance will transform to understanding more because it is persistence in thinking about it that attracts the Surrounding Light again and again and more and more. Not the wise one learns but the patient one.

- from the 2nd part of the [Daily Kabbalah Lesson 01/20/11](#), The Zohar (minutes 23-25)

Daily Kabbalah Definition

Definitions in the daily Kabbalah lesson guide a precise, spiritual approach to terms, & disqualify materialized corporeal definitions

Coupling

What is "coupling" in spirituality?

"Coupling" in spirituality is an act of unity according to equivalence of form, according to the equivalence of attributes. But we are not speaking here of the natural attributes of each one, but to the

The Daily Bites

January 20, 2011

extent that we become similar, one to the other, after the corrections. If previously we were completely disconnected, completely opposite, then after we make the corrections, we are in a coupling, in unity.

- from the 3rd part of the [Daily Kabbalah Lesson 01/20/11](#), Talmud Eser Sefirot (minutes 22-24)