

# The Daily Bites

*April 20, 2011*

*The most outstanding Q & A, excerpts, examples, illustrations, definitions, and advice from the Daily Kabbalah Lesson of Dr. Michael Laitman and Bnei Baruch*

## Daily Kabbalah Tip

*Advice in the daily Kabbalah lesson is recommended, practical tasks for advancing spiritually*

### Connect with the Friend

**I need to envy the greatness of the friends in order to exit this world into the spiritual world.**

Anything that helps to connect to others during the lesson is all right. But first of all, I need to consider the friends as great so that I can receive deficiency and strength from them and want to connect to them. I need to envy them in their adhesion to the goal, and to demand more.

*- from the 3<sup>rd</sup> part of the [Daily Kabbalah Lesson 04/20/11](#), Writings of the ARI (minutes 24-27)*