

The Daily Bites

July 20, 2011

The most outstanding Q & A, excerpts, examples, illustrations, definitions, and advice from the Daily Kabbalah Lesson of Dr. Michael Laitman and Bnei Baruch

Daily Kabbalah Tip

Advice in the daily Kabbalah lesson is recommended, practical tasks for advancing spiritually

No Problem

One needs to remember: All the states that are given to me are necessary for my advancement.

To overcome problems is called that I accept them by "There is none besides Him," and I accept them in order to connect, on top of them, with others. If we look at the problems as having a purpose, then all the states are essential for my development, i.e., good and beneficial. As long as I place each thing correctly towards the connection, then all is well.

- from the 3rd part of the [Daily Kabbalah Lesson 07/20/11](#) (minutes 12-18)