

# The Daily Bites

January 21, 2011

*The most outstanding Q & A, excerpts, examples, illustrations, definitions, and advice from the Daily Kabbalah Lesson of Dr. Michael Laitman and Bnei Baruch*

## Daily Kabbalah Tip

*Advice in the daily Kabbalah lesson is recommended, practical tasks for advancing spiritually*

### Corrected or Damaged?

No. After all that's a lie. In this way I disconnect myself from all the corrections that I must go through. I must see myself as I really am, and not to lie. In order to advance to the attribute of bestowal, I need to see my friends in an internal way, as corrected, but not myself.

Externally, through the five senses, I don't feel them as corrected. But in spite of the difficulty derived from the externality of the friends, in relation to me they are corrected! This is the way I must try to see it.

And the truth is, indeed this is the way it is. They don't know, feel, and understand that they are the great ones of the generation and corrected. But in relation to me, all the world is corrected and only I am damaged. And if I see it this way, then I have a reason to connect to their internality, because I want to receive from this internality and to be corrected like them.

*- from the 4<sup>th</sup> part of the [Daily Kabbalah Lesson 01/21/11](#), "The Freedom" (minutes 39-43)*

## Daily Kabbalah Definition

*Definitions in the daily Kabbalah lesson guide a precise, spiritual approach to terms, & disqualify materialized corporeal definitions*

### Tree of the Field, Fruit, Tu BiShvat (15<sup>th</sup> Day of Shvat)

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**What is the spiritual meaning of what is written: "Since man is the tree of the field," and what does the holiday of *Tu BiShvat* symbolize for us?**

Attaining the root of existence of reality is called "fruit" and the spiritual life of a person who attains the root is called "caring for the tree," which brings the "fruit." Thus it is written "Since man is the tree of the field" because we need to care for our desire to receive. Through its development, is obtained the "desire to bestow," which is called "tree of the field." And afterwards when one reaches the utilizing of the desire to receive for the sake of bestowal, it is called that one reaches the "fruit," which is *Gmar Tikkun* (End of Correction) of the person, his mature state. And then there really is place for celebration since in this one has reached the end of the whole process of correction. And this is the meaning of *Tu BiShvat*.

- from the 1<sup>st</sup> part of the [Daily Kabbalah Lesson 01/21/11](#), Writings of Rabash (minutes 13-22)